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Family-oriented approach to psychological adaptation and integration of migrants: problems, strategies, methods of work

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The object of the study is migrant families living in the Chelyabinsk region in conditions of intensification of migration processes. A comprehensive analysis of the psychological challenges associated with the adaptation and integration of migrant families has been conducted, and a family-oriented approach has been substantiated as the basis for developing practical strategies and methods of psychosocial support.. The study used methods of theoretical analysis of scientific literature and regulatory documents, statistical analysis of regional migration data, semi-structured interviews with 30 migrant families (87 people) and expert interviews with 10 specialists working with this category of population; thematic analysis was used to process qualitative data, descriptive statistics and correlation analysis (coefficient Pearson). Empirical data has been obtained on the structure of psychological difficulties of migrant families (acculturation stress, family conflicts, identity crisis in children, social isolation, etc.), as well as on the main factors of successful adaptation. The scientific novelty of the work consists in the development and theoretical substantiation of the concept of the «Family resource field of adaptation», integrating resource-based and environmental

approaches in relation to family migration. It is recommended to use this concept as a diagnostic and design basis for the individualization of psychosocial assistance programs and the formation of interdepartmental support mechanisms for migrant families.

Keywords: *psychological adaptation, integration of migrants, migrant families, family-oriented approach, psychosocial support, intercultural communication, family resource field of adaptation.*

Differences in the mental representation of the real and ideal family

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The article is devoted to the study of differences in the mental representation of the image of a real and ideal family and the functions performed by them. Based on theoretical analysis and empirical research, the components of the mental representation of the parental family image were identified. The aim of the work was to identify the structural components of this image and compare its real and ideal modifications. The study involved 103 people aged 18 to 79 years. The image of an ideal and a real parental family has statistically confirmed differences in all indicators of their emotional assessment.

Keywords: *real family, ideal family, family image, mental representation, family psychology.*

Analysis of the results of the pilot study web designers using a questionnaire «home ergonomics and procrastination»

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Presents the results of an empirical study of the professional activities of remote workers based on the developed questionnaire. The article discusses interactive remote control systems at the workplace and the expanding opportunities for web designers, graphic designers, and UI/UX designers. Based on the results of the questionnaire survey «Ergonomics at Home and Procrastination», the article describes the features of organizing a home workspace for this type of work, which affect productivity and the tendency to procrastinate. The article identifies and describes the level and subjective frequency of procrastination, the loss of working time, and the key characteristics of organizing a home workspace.

Keywords: *occupational psychology, workplace ergonomics, procrastination, remote work, and web designers.*

The influence of leadership style on employee engagement in an organization

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Examines the impact of different leadership styles on the level of employee engagement in the organization. It analyzes the main leadership styles, their advantages, and disadvantages in terms of long-term staff motivation. Based on empirical data, the article identifies the most effective approaches that contribute to increased job satisfaction and engagement, which

directly affects the productivity and sustainable development of the company. The article highlights the key factors in a leader's behavior that influence engagement and provides recommendations for improving it. This work can be useful for managers and HR professionals who aim to optimize their staff management practices.

Keywords: *staff engagement, loyalty, leadership style, leadership.*

Situational-level models of self-regulation in student-athletes during crisis competitive situations

M.A. Krylova, N.A. Fedorova

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Presents the results of a qualitative study of emotional experience and cognitive-behavioral patterns of self-regulation in student-athletes (N=52). Based on a two-stage content analysis of reflective reports, a typology of crisis situations (a clash with superiority, critical failure, uncontrollable stress, extreme tension) has been identified and a repertoire of 16 behavior patterns has been systematized. Frequency analysis showed the dominance of active behavioral strategies (48%) and the high importance of social support (25.3% of all mentions). The situational conditionality of choosing a self-regulation model has been established. The theory of level-based affective self-regulation (Lebedinsky V.V., Nikolskaya O.S.) served as a theoretical basis, which made it possible to interpret the identified behavioral patterns as elements of an integrated system that stabilizes different levels of emotional response—from fielder activity to social control.

Keywords: *sports psychology, self-regulation, coping behavior, emotional experience, affective regulation, qualitative analysis, student-athletes, level-based approach.*

The position effect in multiple-choice language tests as a factor of cognitive load: theoretical foundations and an experimental study design*

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The article examines the position effect in multiple-choice language tests as a potential source of systematic bias in test performance. Unlike item difficulty, the position effect is not determined by the test-taker's linguistic competence but by the placement of the correct answer or distractors within the response list. The aim of the article is to theoretically justify and describe a reproducible experimental design for testing whether the position of the correct answer affects accuracy and response time in language items. The theoretical framework draws on research into the serial position effect, response-order effects, satisficing strategies, multiple-choice item design, language testing and distractor functioning. The proposed design includes four counterbalanced test forms in which the same correct option is systematically rotated across positions 1–4 while the set of options remains constant. The experimental material may

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consist of neutral language items of two types: synonym selection and collocation/government selection. The expected contribution is to determine whether primacy or recency effects occur in language testing and to estimate the practical significance of this bias for test-form construction.

Keywords: *language testing, multiple choice, position effect, primacy effect, distractor, test item, psycholinguistics, psychometrics.*

The relationship between involvement in patriotic activities, personal characteristics, and ideas about family among young people

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Involvement of young people in patriotic activities plays an important role in shaping values, fostering unity and preserving cultural heritage. This article focuses on studying ideas about family and personal characteristics of those who are involved and not involved in patriotic activities. The sample consisted of 1,112 participants aged 12-30 years ($M=16.01$, $SD=1.7$), from 72 regions of the Russian Federation. We used a short version of the TIPI-RU personality questionnaire, as well as a questionnaire developed by a research team led by Academician A.A. Rean of the Russian Academy of Education, which included questions on the study of family ideas. The results of the study demonstrate differences in ideas about family among young people who are involved and not involved in patriotic activities. Those involved in patriotic activity are significantly more likely to see family as a prerequisite for happiness, are more likely to say they would like two or three children, are more positive about teaching the basics of family life in schools, and are significantly more willing to repeat the parental family model. The responses from those who are not involved in patriotic activities are characterized by normalized attitudes towards civil marriage and childbirth outside of marriage. Young people involved in patriots are generally more traditional in their views on family and relationships.

Keywords: *young people, ideas about family, patriotism, family values, personality traits.*

Developing the psychological readiness of future teachers to work in an inclusive environment: theoretical-methodological and practically-oriented solutions

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This article substantiates methodological approaches and practice-oriented solutions aimed at developing the psychological readiness of future teachers to work in inclusive settings, taking into account the rapidly changing educational reality; their effectiveness is experimentally verified. The key concepts of the study are specified, a conceptual model for the development of the readiness under study is presented, including a set of methodological approaches (competency-based, activity-based, environmental and art-pedagogical) and the main areas of activity of a university teacher in developing such readiness (updating the content of education, forms, methods; developing experience of interaction with children through inclusion in the inclusive practice of educational institutions of the city, region, country; using the pedagogical potential of art). Research methods: analysis, synthesis, generalization, modeling, author's questionnaire «Inclusive Education», method of mathematical and statistical data analysis.

Keywords: *inclusive education, psychological readiness for work in inclusion, competence-based, activity-based, environmental, and art-pedagogical approaches, areas of teacher activity in the educational process of a pedagogical university, conceptual model.*

Group image of the city among students with different migration intentions

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This article presents the results of a socio-psychological study of the group image of Orenburg among students who moved for study and students intending to leave after completing their vocational education. The hypothesis was based on the assumption that students in the two groups would differ in the content, scope, and expression of the components of their image of Orenburg – cognitive, affective, value-based, and aesthetic. Open-ended questioning, content analysis, data standardization, and Student's t-criteria on differences were applied as methods. A study conducted on regional material confirms the hypothesis that Orenburg students' group images of the regional capital are associated with their migration intentions and differ in the content, scope, and expression of the component composition of their ideas about the city. The results can be used for planning social policy of the city, aimed at improving the urban environment for students, taking into account their migration intentions.

Keywords: *educational migration, students, group image of the city, migration intentions.*

Leadership in small groups: influencing decision-making

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In this article, the task is to determine the influence of personal leadership qualities in a small group on the ability to influence other team members to make decisions. The essence of the concept of «leadership» is revealed, the features of leadership in small social groups are analyzed, and the results of the analysis of modern research in terms of the influence of leadership in small groups on decision-making are described. The authors conclude that «leadership» is an inherently complex social phenomenon based on the ability to influence other people by directing their behavior, thoughts, and emotions to achieve a common goal. Accordingly, this mechanism is associated with the possibility of the leader's influence on decision-making in small groups: the leader listens attentively to the opinions and ideas of all team members, forms his own vision of the situation, which conveys to others, and encourages other team members to act accordingly to a particular decision. And the members of the small group, in turn, follow this decision not out of pressure or fear, but out of trust and respect for the opinion of their leader.

Keywords: *leadership, leader, small group, influence on consciousness, social hierarchy, influence on public opinion.*

Sunday school as an institution of cultural heritage for spiritual and moral values

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The Sunday school is presented as an open model of cultural inheritance of spiritual and moral

values. Within the framework of the culturological approach, integrating the methods of theoretical analysis, quasi-experiment, qualitative (thematic coding) and quantitative (Student's t-test, correlation analysis, χ^2) data analysis, the results of an empirical study of the activities of Sunday schools in the Udmurt Republic are presented. Four mechanisms for the transmission of spiritual and moral values have been empirically verified: figurative-symbolic; communicative; activity-practical; media-cultural, and age-related sensitivity to them has been revealed. The results of the qualitative analysis indicate a transformation in the semantic content of values: goodness is conceptualized through concrete actions; faith – through communality and joint activity.

Keywords: *Sunday school, cultural heritage, spiritual and moral values, transmission mechanisms, activity-practical mechanism, figurative-symbolic mechanism, age sensitivity, quasi-experiment.*

Mechanisms of children's agency in the practice of Anji play in China

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The concept of play in preschool education is reconsidered in the context of children's agency. The roles of the child and the teacher in Anji Play are clarified, with the latter assuming an observational and supportive stance. The mechanisms of preschool children's agency formation through Anji Play are identified: interaction with open environments and low-structured materials, independent choice, risk experience, and subsequent reflection. The institutional constraints of Anji Play are determined, along with the risks of its normativization and instrumentalization, which generate a tension between children's right to play and the logic of educational governance.

Keywords: *Anji Play, children's agency, mechanisms of agency, preschool education, educational policy.*

Aesthetic culture of teenage dancers as a pedagogical phenomenon

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The theoretical objective of the study is to determine the pedagogical conditions for forming teenagers' aesthetic culture using the pedagogical potential of dance sport. As a result of the study, the authors clarified the content of the personal aesthetic culture as it applies to teenage dancers, identified its structure and a system of development indicators. They also formulated the theoretical foundations for developing a productive model for forming the teenage dancers' aesthetic culture.

Keywords: *aesthetic culture, competitive ballroom dancing, aesthetics of sport, aesthetic emotions, aesthetic motivation, aesthetic values, aesthetic communication, dance as action, teenager.*

The genesis of the teacher's image in the process of Italian university formation during the high and late middle ages

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Examines the process of the formation of the teacher's image during the High and Late Middle Ages. It analyses the socio-historical conditions that led to the establishment of universities as autonomous educational institutions and their relationship with both the Church and secular authorities. The emphasis is placed on the transition from a religious-dogmatic approach to a more humanistic and intellectual one, which reflects the formation of the university teacher's image through the acquisition of certain qualities – virtues, indispensable for a professional educator in a medieval university. The role of universities in the evolution of pedagogical activity and the qualities of a university teacher relevant at that time is highlighted. This work contributes to a deeper understanding of the historical influence of Italian universities and Italian educators of the High and Late Middle Ages on education and science as a whole.

Keywords: *image, Italian university, the High Middle Ages, the Late Middle Ages, educator, university teacher, quality of an educator, virtue.*

Training pedagogical staff for tutoring support of high school students in the process of supporting their professional self-determination

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The article presents the rationale for a training program designed to prepare educators to provide tutor support to high school students. It outlines the structure of the professional development program «Professional Self-Determination of School Students: Practical Aspects», which comprises 36 academic hours and includes regulatory-organizational as well as practical-methodological modules. The study concludes that training educators for this role should focus on developing their capacity to design educational pathways, support the student's active role in their own learning (agency), and create conditions for making an informed career choice.

Keywords: *professional self-determination, high school students, tutoring support, pedagogical staff, advanced training, career guidance, educational trajectory.*

The interrelationship of factual, logical, and sociocultural errors in the speech utterances of international students

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This article examines the interrelationship between errors in the speech of international students studying Russian. Three types of errors are analyzed: factual (distortion of knowledge about reality), logical (violation of the laws of thought), and sociocultural (ignorance of cultural norms and context). The primary emphasis is on the fact that these errors rarely exist in isolation. Violations at the sociocultural level often provoke factual and logical failures, which together lead to communicative failures. Techniques for eliminating these errors are interrelated. Understanding this interrelationship is essential for developing effective methods for teaching Russian as a foreign language. To effectively eliminate interrelated errors

(sociocultural, factual, and logical) in international students, it is necessary to use a combination of techniques that work simultaneously at several levels.

Keywords: *speech errors, factual errors, logical errors, sociocultural errors, intercultural communication, interference, communicative failure.*

The problem of teaching technical university students to understand academic English-language lectures on their specialty

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The article is devoted to the problems of teaching technical university students of to understand academic lectures in English. The distinctive characteristics of the structure and content of academic lectures, as well as the specific difficulties in understanding them by students, are described. Using the example of one of the academic lectures on the topic «Energy in Nanoelectronics and Nanomaterials», speech markers, homophones, converses, and characteristic adjectives are selected that should be included in the content of teaching students of technical universities to listen to lectures.

Keywords: *listening, lecture, academic lecture, lecture structure, speech markers, written fixation, skills.*

Psychological well-being of an individual in adulthood: individual psychological determinants and socio-cultural factors

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Presents an analysis of individual psychological and socio-cultural factors of psychological well-being of an individual in adulthood through the prism of the theory of psychosocial development by E. Erickson and the theory of self-determination by E. Deci and R. Ryan. The authors consider psychological well-being as a state of holistic perception and acceptance of one's own life in the past, present and future, determined by a set of psychological personality traits. The leading method in the study of this problem is the theoretical analysis and systematization of domestic and foreign literary sources. The main factor of psychological well-being of an adult personality is the ability to maintain balance and flexibility within the dichotomies of the psyche, the desire to integrate them and achieve balance.

Keywords: *psychological well-being, happiness, life satisfaction, psychological health, factors of psychological well-being, resilience, self-actualization, self-determination, self-transcendence.*

The influence of psychodrama on the empathic abilities of a psychologist (consultant) and emotional intelligence in his work

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The influence of psychodrama on the development of empathic abilities and emotional intelligence qualities essential for the effectiveness and reliability of a counseling psychologist's professional practice is characterized. The object of the study is the professional development of a counseling psychologist; the subject is psychodramatic methods and techniques as a tool for this development. The novelty lies in demonstrating a direct correlation between participation in psychodrama groups and increased empathy, and in identifying the mechanism for transforming empathic distress into a controllable professional skill through procedural learning. The results are applicable in training, retraining, and supervision programs. The introduction of a mandatory «Psychodrama Workshop» module with a predominance of practical skills development is recommended.

Keywords: *psychodrama, empathy, emotional intelligence, professional development of a psychologist, role exchange, supervision, burnout prevention.*

Pedagogical potential of domestic orthodox literature: ideas, traditions, principles

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The pedagogical potential of domestic Orthodox literature is explored, and the structure of the phenomenon under analysis is presented, encompassing pedagogical ideas, historically established Orthodox traditions, and key principles (Christocentrism, ecclesiocentrism, and moral-pedagogical asceticism). It is argued that Orthodox literature, grounded in dogmatic and canonical norms, constitutes a holistic worldview system characterized by pedagogical potential for the spiritual and moral upbringing of the developing individual within contemporary sociocultural contexts.

Keywords: *Orthodox literature, spiritual and moral upbringing, Orthodox traditions, pedagogical ideas, Christian anthropology, Christocentrism, ecclesiocentrism, moral-pedagogical asceticism.*

Organizational and substantive model of the propaedeutic for continuous professional self-determination of students in secondary school

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Substantiates the relevance of developing an organizational and content model for the propaedeutics of continuous professional self-determination of students in secondary a school. The components of the model are disclosed (target, content, structural-activity, evaluative-resultative, reflexive), along with the set of principles for its implementation (systematicity, cultural relevance, axiological orientation, naturalness, human-centeredness, continuity, integrativity, poly-subjectivity, digital pedagogical observation) and the criteria for effectiveness in the organizational and subjective aspects. The model is aimed at ensuring continuity («seamlessness») in the process of professional self-determination.

Keywords: *propaedeutic of professional self-determination, continuous professional self-determination, organizational and substantive model, students in grades 1–5, continuity, «seamlessness» of transition, meta-subject universal learning activities, ability to learn.*

Analysis of the conditions for ensuring resilience to information and psychological threats to a courseman's personality based on empirical data

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The article presents the results of an empirical study of the problem of forming the resistance of military university cadets to information and psychological threats. The necessity of an integrated approach integrating pedagogical (external) and psychological (internal) determinants of personality development is substantiated. Based on the analysis of empirical data, the pedagogical and psychological conditions that ensure resistance to information and psychological threats in the educational environment of a military university are identified and characterized. Statistically significant differences in the level of formation of stability components among cadets of different faculties have been revealed. The mechanism of the dialectical relationship between the organization of the educational process and the interiorization of professional values, cognitive stability and emotional-volitional regulation of future officers is revealed. Resistance to information and psychological threats is a formed quality that depends on the integration of external pedagogical influences and internal psychological resources. The results of the research can be used in the development of special courses on information threat recognition in military universities.

Keywords: *information and psychological stability, cadets, military university, pedagogical conditions, psychological conditions, information and psychological threats, and educational environment.*

Pedagogic aspects of fostering ecological worldview

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A holistic approach to developing an environmental worldview within the education system is presented. The importance of overcoming fragmentation and the need to abandon the concept of ecologic worldview as a construct consisting of a set of individual subject characteristics and qualities are emphasized. A pedagogical paradigm is proposed in which an ecological worldview is interpreted as a meta-competence that can be acquired within an educational process comprising both curricular and extracurricular activities. The practical significance lies in the possibility of using the findings and recommendations to improve the environmental space of an educational institution.

Keywords: *ecology, ecological worldview, meta-competence, sustainable development, holistic approach.*

Development of psychological and pedagogical competence of a mentor in a creative industries technical school

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Moscow College of Creative Industries named after L.B. Krasin, Moscow

Examines the essence and structure of mentor competence, identifying and analyzing its components, including general cultural, professional, and psychological-pedagogical competence. Particular attention is paid to psychological-pedagogical competence, which

enables the successful implementation of mentoring technology in the training of students in creative fields. Within the framework of psychological-pedagogical competence, the communicative, methodological, analytical, research, and prognostic components are analyzed, and the pedagogical conditions for their development in the educational process at a technical school for creative industries are demonstrated.

Keywords: *secondary vocational education, mentoring technology, psychological and pedagogical competence of a mentor, creative industries college, students of creative specialties, personal and professional development of students.*

A system of modular foreign language teaching in a digital educational environment

Zhou Shui

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Examines the modular learning system for foreign language teaching in the modern digital educational environment. It provides a theoretical analysis of studies on modular learning, including the use of the Moodle distance learning system in foreign language teaching. An experimental modular system for teaching Chinese has been developed and tested, and the effectiveness of its implementation has been evaluated using a control group and an experimental group (30 people each). It also includes an empirical study, conducted in the form of a survey of 50 Chinese language students who have recently switched to a modular learning system. The article highlights the key advantages and disadvantages of using a modular learning system in foreign language teaching, and provides recommendations for combining the modular system with traditional teaching methods.

Keywords: *foreign language, module, modular system, digital educational environment, information technology, learning efficiency.*

Analysis of the results of the «Teacher as seen by students and postgraduate students» survey in the context of job satisfaction

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This article presents the results of a comparative analysis of job satisfaction among higher education teachers and their student assessments. The relevance of this study is determined by increasing demands on the quality of education, which depends on the effectiveness of the joint efforts of the educational process participants – the higher education teacher and the student – the future subject of their work. Using empirical data from Tver State University, it is shown that teachers with high levels of job satisfaction receive higher student ratings on the «Teacher as Seen by Students and Postgraduate Students» survey. The psychological mechanisms underlying these differences are discussed, and practical recommendations for increasing satisfaction with the professional activities of teachers and students with the university's educational services are provided.

Keywords: *collective subject of work, future subject of work, joint activities, subject of scientific and pedagogical work, job satisfaction.*

**Cultural-historical theory in preschool education in China
and Russia: two paths of play activity development**

Shi Xinyuan

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This study examines the transformation of play activity in preschool education in China and Russia within the framework of L.S. Vygotsky's cultural-historical theory. It identifies the formation of two models: the Russian model, based on the continuity of cultural-historical and activity theory traditions, and the Chinese model, driven by educational reforms and curriculum gamification. Differences are revealed in pedagogical support, the relationship between play and the educational program, and the value orientations of play. A shift from an instrumental to a developmental understanding of play is identified. The study also highlights key contradictions: the instrumentalization of play in China and the reduction of free play space in Russia, both reflecting an increasing adult regulation of children's play.

Keywords: *cultural-historical theory, play activity, preschool education, comparative analysis*

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