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#### **Peculiarities of thinking flexibility and socio-psychological adaptation among bilinguals among young people**

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The article presents the results of a study of the peculiarities of thinking flexibility and socio-psychological adaptation among bilinguals among young people. The aim of the work is to identify the characteristics of thinking (flexibility-rigidity) in relation to socio-psychological adaptation among bilinguals among young people. The hypothesis of our study is that there is a relationship between the peculiarities of thinking flexibility and socio-psychological adaptation among bilinguals among young people. 80 people participated in the study. Research methods: Tomsk Rigidity Questionnaire (G.V. Zalevsky); The profile of thinking (V.A. Ganzen, K.B. Malyshev, L.V. Oginets); the Rogers-Diamond socio-psychological adaptation test (A.M. Parishioners). As a result of the study, the authors found that there is a positive relationship between bilingualism and indicators of socio-psychological adaptation. Successful socio-psychological adaptation is facilitated by developed creative and verbal-logical thinking. The empirical data obtained can be used by psychologists of educational organizations in the preparation of programs of psychological measures to increase the level of socio-psychological adaptation among young people.

**Keywords:** *socio-psychological adaptation, maladaptation, flexibility of thinking, rigidity of thinking, creative thinking, verbal-logical thinking, bilingualism.*

## **Ethnic factors in the adaptation of Vietnamese students in Russian Universities**

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The article examines the ethnic features of teaching Vietnamese students at a Russian university. The factors of teaching Vietnamese students that need to be taken into account by teachers are highlighted: the influence of Confucianism, the cult of ancestors and families, hard work, perseverance, a tendency to independent work and non-audit activities, openness of character and lack of arrogance, adherence to the lecture form of study and the great importance of evaluating work. The fundamental values of the Vietnamese ethnic group are identified and described.

**Keywords:** *Vietnamese student, ethnic factor, cultural characteristics, learning factor, value.*

## **The structure of the interrelationships of the components of emotional intelligence in senior medical professionals**

**M.M. Basimov, D.V. Lukashenko, I.V. Semchuk**

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The article examines the interrelationships of the components of emotional intelligence empathy, emotional awareness, understanding the emotions of others, managing their own and the emotions of others, self-motivation of medical professionals who hold the positions of middle managers. The features of causal relationships within the framework of emotional intelligence are analyzed. Along with linear relationships (determined using the Pearson correlation coefficient), as part of the application of the author's method by M.M. Basimov, the simplest nonlinear relationships in the model for triads of an independent variable are considered. The analysis of such indicators as: «Emotional awareness», «Emotion management», «Self-motivation», «Empathy» and «Recognition of other people's emotions». The indicator «Recognizing other people's emotions» has connections as an independent variable with other indicators of emotional intelligence, which has become the subject of a detailed analysis.

**Keywords:** *medical professionals, position of a mid-level manager, emotional intelligence, linear and nonlinear statistical dependence, correlation coefficient, significant correlation, coefficient of strength of connection, comparative weight, interpretation.*

## **Formation of the subjective position of future professionals in university students: development and evaluation of the effectiveness of psychological training**

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This article examines the phenomenon of professional agency among psychology students. Based on an analysis of various authors' positions, the essence of this concept is clarified and the importance of developing components of professional self-determination during training is substantiated. Particular attention is paid to the description of the methodology for conducting psychological training aimed at the step-by-step formation of each of the identified components.

**Keywords:** *subjectivity, professional subjectivity, development of subjectivity, criteria of subjectivity, psychology students, psychological training, professional self-determination.*

## **Feedback as a tool for professional development of technical university students in humanities education**

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The study is devoted to a comprehensive analysis of the didactic potential of feedback as a resource for overcoming identified professional contradictions and a tool for the personal and professional development of all participants in the educational process. Special attention is paid to the transformation of feedback from a formal control tool into an effective mechanism for the development of reflexive abilities. The work uses a multi-level methodological approach that includes a theoretical analysis of modern research on reflection and feedback in education, as well as empirical testing of the author's model of reflexive feedback using an innovative tool - mental maps. The study was conducted in natural conditions of the educational process within the framework of the discipline «Social Psychology and Pedagogy» at a technical university. To obtain representative data, a meaningful analysis of 487 student papers was carried out using methods of content analysis and statistical data processing, which ensured the reliability of the conclusions. The results obtained indicate the high effectiveness of the proposed approach to ensure deep learning of the educational material and increase the level of personal involvement of students. The analysis of empirical data made it possible to identify specific areas for optimizing the educational process at a technical university and determine the conditions for realizing the developing potential of humanities disciplines. The revealed patterns give grounds to consider reflexive feedback as a promising tool for developing students' metacognitive skills, opening up new opportunities for improving pedagogical practice in the context of technological education.

***Keywords:** professional development, feedback, pedagogical reflection, student's reflexive attitude, metacognitive skills, students of technical specialties.*

## **Key factors of successful adaptation of teaching staff to professional activities in the territory of a special military operation (using the example of the Zaporizhia and Kherson regions)**

**E.A. Stepanyuk<sup>1</sup>, O.A. Ulyanina<sup>1,2</sup>, V.P. Grebenschchikova<sup>1</sup>**

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The reunification of historical regions into the all-Russian educational space has set the task of professional adaptation and integration of teachers of the newly joined subjects of the Russian Federation, its solution requires flexibility, resilience and readiness for new challenges. The article provides a theoretical overview of approaches to the problem of adaptation to new living conditions, as well as discusses the issues of social and professional adaptation of teaching staff. The results of a questionnaire survey of teaching staff of the Zaporizhia and Kherson regions are described. Based on the theoretical analysis and research results, several key groups of factors have been identified that influence the success of teachers' adaptation to new conditions.: factors of professional support and methodological support, cooperation in the professional community; individual and personal factors; logistical and organizational factors.

***Keywords:** adaptation, teaching staff, risk factors, integration into the Russian educational space, continuous learning.*

### **Dynamics of the relationship between emotional intelligence and mental burnout of chess coaches and teachers**

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Department, Moscow

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The article presents the results of a study of the relationship between the degree of mental burnout of chess coaches and the level of emotional intelligence. The original psychological study involved 108 coaches with different lengths of professional experience in specialized sports schools, clubs and sections. The diagnostic tools were: the questionnaire «Mental Burnout Syndrome» by A.A. Rukavishnikov and the «EmIn» technique by D.V. Lyusin. The levels of development of signs of mental burnout and emotional intelligence in different age groups of respondents were identified.

**Keywords:** *emotional intelligence, professional burnout, psychoemotional exhaustion, personal alienation, professional motivation, chess coaches.*

### **The positive education paradigm: theoretical and methodological foundations and development vectors**

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<sup>2</sup>Tver State University, Tver

The article presents methodological and theoretical materials that reveal the need for a systemic transformation of modern education, expressed in the transition from the traditional model, focused primarily on academic results, to a positive education that integrates personal development with the educational process. An approach has been formulated that can be defined as a model of «humanized classics» – an educational system that achieves a synthesis of traditional values of academic education and the principles of student-centered pedagogy. It is noted that the key to the system's effectiveness is a balanced combination of academic rigor and the development of social-emotional competencies, where the teacher acts as a facilitator, and the assessment of student achievement focuses on personal progress. The article outlines approaches that characterize a comprehensive system that promotes individual psychological well-being. The need to design a space for educational practices that foster a positive school environment is emphasized. It is noted that achieving psychological well-being of an individual in the educational space is an integral part of the development of the education system, on the one hand, and a natural consequence of social changes occurring in society, on the other.

**Keywords:** *positive education, psychological well-being, positive psychology, positive pedagogy, positive psychological approach, positive school environment.*

### **Assessing the impact of career engagement on organizational trust and psychological well-being: generational aspect**

**N.V. Volkova**

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The article presents the results of two empirical studies focusing on the impact of career engagement on organizational trust and the psychological well-being among employees and students. Based on the theoretical model of the organizational social capital of generations, a differentiating factor was introduced into the analysis – belonging to a generational group. The results obtained by structural equation modeling and hierarchical regression showed the generational dynamics of the studied socio-psychological indicators. Organizational trust and career engagement are positively associated with psychological well-being, which decreases in older generational cohorts. Organizational trust is a stable predictor of psychological well-being, regardless of whether respondents belong to a generational group. Strengthening organizational trust and career engagement contributes to enhancing psychological well-being among all respondents, but the greatest effect is achieved among students.

**Keywords:** *organizational trust, psychological well-being, career engagement, students, employees.*

### **Neuropsychological correction of cognitive development of primary school children with mental restrictions using board games**

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This article presents a neuropsychological approach to cognitive development interventions in primary school children with mental retardation using board games. It offers a neuropsychological analysis of the purpose of board games and a rationale for their use as tools for neuropsychological intervention. It also describes the results of a study of cognitive development and its dynamics in primary school children with mental retardation, based on the testing of a comprehensive neuropsychological cognitive intervention program using board games.

**Keywords:** *neuropsychological correction, board games, primary school students with mental retardation.*

### **Pedagogical aspects of developing professional motivation in university teachers**

**E.V. Astapenko, N.V. Boytsova**

Tver State University, Tver

The article summarizes the main pedagogical aspects, theories, and technologies that contribute to the formation of high professional motivation among university teachers in modern conditions. Digital transformation in higher education is characterized not only as the introduction of new technologies but also as a cause, condition, and consequence of enhancing the professional motivation of university teachers. However, it can sometimes also act as a cause of demotivation in their professional activities.

**Keywords:** *digital transformation, professional motivation, rethinking, formation and support of professional motivation, professional burnout, intrinsic motives, self-efficacy, self-realization.*

**The beginning artist' project-based culture  
as a pedagogical phenomenon: problem statement**

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Project-based personal culture is conceptualized in this study as a dominant feature of a person's overall culture, determining their self-fulfillment, self-development and self-realization. The authors formulated a definition of project-based learning based on a set of personal, professional and social design challenges it addresses. They defined the content of project-based learning for aspiring artists – students of a children's art school – taking into account the multifaceted nature of the project-based challenges they address: applied, personally significant, and socially significant. They outlined areas for pedagogical efforts to foster project-based learning in this category of students, integrating these challenges.

**Keywords:** *personality, project-based culture, personal design, professional design, social design, additional education, art education, individual educational route, multi-level model, integrative educational environment.*

**Professional training of specialists in the field of social work  
at Tver State University: history and modernity**

**M.V. Moroz**

Tver State University, Tver

The article presents the history of the formation and development of professional training for social work at Tver State University. Based on an analysis of university documents and the content of the main educational professional programs in social work, implemented at the university in different periods, from the beginning of training to the present, organizational and substantive stages are identified, and prospects for further development are outlined.

**Keywords:** *Tver State University, history of education, history of training personnel for the field of social work, professional training, social work specialist, bachelor of social work, Master of Social Work, basic professional educational program in social work, theory and practice of social work, clinical social work.*

**Archival education in Russia in 1920–1980s: institutionalization and evolution of content**

**A.V. Ponasenko**

Lugansk State Pedagogical University, Lugansk

The article presents a comprehensive analysis of the formation and development of the archival education system in the USSR during the 1920s-1980s. Based on a wide range of sources and historiographical review, it examines the key stages in the development of professional training for archivists: from the first short-term courses to the establishment of a multi-level system of higher and postgraduate education. Special attention is paid to the transformation of curricula content, methodological foundations of teaching, organizational changes, as well as the interconnection between archival education, the development of historical science, and state archival policies. Three main stages of development are identified: formation (1920s-1930s),

institutionalization (1940s-1950s), and professionalization (1960s-1980s). The article fills an existing gap in historiography by systematizing the evolution of educational practices in the context of socio-political and scientific-technical changes during the Soviet period.

**Keywords:** *archival education, USSR, Moscow State Historical and Archival Institute (MGIAI), archival studies, records management, personnel training, historical and archival institutes, teaching methodology.*

### **A study of the self-assessment of younger schoolchildren's personality in the context of family upbringing**

**E.Yu. Pryazhnikova, E.S. Dolmatova**

Nizhnevartovsk State University, Nizhnevartovsk

This paper examines the characteristics of primary school children's self-esteem. The aim of the study is to theoretically and empirically investigate the self-assessment of younger school-aged children in the context of parental upbringing. The research methods used include «What Am I Like?» (O.S. Bogdanova) and «Psychological Portrait of a Parent» (G.V. Rezapkina) questionnaires. The empirical study revealed that younger schoolchildren's self-esteem significantly depends on their parents' emotional state, values, and parenting style. These factors play a crucial role in shaping children's confidence and their ability to adapt to the educational environment.

**Keywords:** *self-esteem, aspirations, primary school-aged students, self-regulation, parental upbringing.*

### **The digital environment as a catalyst for developig 21<sup>st</sup>-century competencies in non-language major students through foreign language instruction**

**A.V. Soboleva<sup>1</sup>, M.A. Mayakina<sup>2</sup>, G.N. Fakhretdinova<sup>3</sup>**

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<sup>3</sup>Kazan National Research Technological University, Kazan

This article explores the transformation of the «4Cs» competency model (critical thinking, creativity, communication, and collaboration) within the context of educational digitalization in foreign language instruction for students in non-language disciplines. The study focuses on three dimensions of digital transformation: the deliberate integration of technological tools, the interdisciplinary blending of language education with professional contexts, and the shifting role of the instructor from knowledge transmitter to facilitator of educational interaction. Special attention is given to the pedagogical potential of digital environments, demonstrated through the use of virtual simulations and international projects that replicate authentic professional scenarios. The research employs a mixed-method approach, combining adapted Likert-scale surveys, content analysis of recorded discussions, and expert assessments of project work based on standardized criteria. Empirical findings identify key principles for effectively developing targeted competencies. The practical contribution of the study lies in proposing methodological strategies that integrate digital and traditional teaching formats to optimize educational outcomes.

**Keywords:** *digital educational environment, 21<sup>st</sup>-century competencies, “4Cs” model, blended learning, intercultural communication, intercultural projects.*

## **Developing IT professionals' Japanese speaking skills using problem-based learning**

**Qu Shan, Zhao Linlin**

Shenyang Institute of Technology, Shenyang, China

This study focuses on the Japanese intensive courses for the Software Engineering major at Shenyang Institute of Technology, and explores in depth the role of the PBL (Problem-Based Learning) teaching model in promoting students' Japanese speaking ability. By constructing a real and complex task scenario of developing an intelligent medical system for an information technology company, two parallel classes of the Software Engineering major at Shenyang Institute of Technology were selected as the experimental subjects. The comparative experiment method was adopted to enable students to improve their comprehensive Japanese application ability, especially oral expression ability, in the process of solving practical problems. The research shows that the PBL teaching model can effectively stimulate students' interest in learning Japanese, significantly improve their oral proficiency, and enhance their abilities in teamwork, problem-solving and other aspects. It provides a useful reference for cultivating software engineering professionals who meet international needs.

**Keywords:** *PBL teaching model, Japanese speaking ability, Software Engineering major, intelligent medical system.*

## **Developing intercultural communicative competence in teaching business Chinese**

**Zhang Danhua, Liang Chunyu**

Shenyang Institute of Technology, Shenyang, PRC

To overcome language barriers that Russian students encounter when communicating in Chinese for business, a three-dimensional competency development model based on a task-based language teaching method is proposed. The stages of the project work are described. By integrating three aspects: language proficiency, behavioral norms, and cognitive strategies, a step-by-step chain of learning tasks is developed. Empirical data show that this model significantly improves the effectiveness of intercultural communication among students, providing an innovative paradigm for teaching business Chinese in Russian-speaking regions that has both theoretical value and practical feasibility.

**Keywords:** *task-based language teaching (TBLT); business Chinese; cross-cultural communication competence; Russian-speaking learners; three-dimensional competencies.*

## **Diagnostics of art schools students' ability to make aesthetic assessments**

**A. Ivanova<sup>1,2</sup>**

<sup>1</sup> Tver State University, Tver

<sup>2</sup> V.A. Serov Art School, Tver

The article addresses the issue of identifying the level of development of students' ability to aesthetic evaluation in a children's art school and determining the tasks for its improvement. A diagnostic program has been developed to determine the level of development of students' ability to aesthetic evaluation in a children's art school, and the results of its testing have been described. Based on the identified problems, the article outlines the directions for further work on developing students' ability to aesthetic evaluation.

**Keywords:** *aesthetic evaluation, ability to evaluate aesthetics, teenagers, additional education, art education.*

### **Pedagogical idea as a scientific concept**

**P.P. Dubyago**

Tver State University, Tver

A theoretical analysis was conducted to identify current research approaches to defining the concept of «pedagogical idea». It was established that there is a tendency toward a controversial approach to understanding this phenomenon. Pedagogical ideas are primarily considered a fundamental element in the context of pedagogical research, pedagogical teaching, and pedagogical thought. The peculiarity of the pedagogical idea is its concrete historical determination.

**Keywords:** *idea, pedagogical idea, pedagogical thought, pedagogical teaching, pedagogical problem, history of pedagogy, pedagogical design of the research, hypothesis.*

### **Analysis of intrapersonal conflict and the dominant conflict component of the psyche in women working in social media marketing**

**D.P. Kovaleva**

Tver state University, Tver

This study examines intrapersonal conflicts among women working remotely in social media marketing (SMM marketers). The theoretical provisions of domestic and foreign psychology, Z. Freud, A.N. Leontiev, K. Levin, A. Adler, I.M. Sechenov, V.M. Bekhterev, E.A. Klimov, V.A. Tolochev, E.F. Zeer and others are used. Particular attention is paid to the influence of digitalization and the Internet on the subjective perception of the professional space and the manifestation of internal contradictions in representatives of the new generation of professions. The empirical study was conducted in the form of diagnostic testing developed by A. Ya. Antsupov and A.I. Shipilov, aimed at studying the level and type of intrapersonal conflict. The purpose of the study is to identify the levels of severity and types of intrapersonal conflict, to determine the dominant conflict component of the psyche of women - subjects of labor in the field of SMM marketing, working remotely. The findings of the study indicate the need to develop specialized psychological support programs that include elements of self-esteem correction, prevention of emotional burnout, and optimization strategies for successful integration into the new format work environment.

**Keywords:** *subject of labor, women with intrapersonal conflict, Internet marketing, self-esteem, remote work format, role conflict, unrealized, adaptation conflict.*

### **The problem of olfactory perception in psychology: sensory and non-sensory aspects**

**A.V. Stroinaya**

M.V. Lomonosov Moscow State University, Moscow

The article provides an overview of the scientific literature devoted to research on the perception of odors. The features of the structure and functioning of the olfactory system are considered. The research results are presented, indicating the contribution of situational and

individual-personal factors of the subject to the formed olfactory perception. An analysis of the literature has shown that most researches are characterized by a number of limits, including the subjectivity of the subjects' assessments and the distance of olfactory laboratory experiments from everyday life.

**Keywords:** *olfaction, olfactory perception, odorant, physiology of the olfactory system, individual psychological characteristics.*

### **Formation of foreign language professional competence of students of the pedagogical college using the model of digital projects**

**Yu.Yu. Syas**

Peter the Great St. Petersburg Polytechnic University, St. Petersburg

The article presents the results of the approbation of the author's proposed model of project-based learning for the formation of foreign language professional competence of students of the pedagogical college based on the use of digital technologies. Proficiency in a foreign language gives future preschool teachers competitive advantages when looking for a job, and therefore it is necessary to increase the effectiveness of professionally oriented foreign language teaching through the use of digital projects. It is noted that there is no developed theoretical and methodological basis for their implementation. The testing of the digital project-based learning model for the formation of foreign language professional competence among students of the pedagogical college, developed taking into account the specifics of the students' future profession, the requirements for educators, as well as the real conditions of teaching students a foreign language, has shown its high effectiveness in developing students' professional linguistic, professional educational and supra-professional skills.

**Keywords:** *project-based learning, digital project, foreign language professional competence, teacher training college, secondary vocational education.*

### **Pedagogical activities of A.S. Ilyukhin and its influence on the process of teaching Russian folk plucked instruments**

**I.V. Tyutin**

Peoples' Friendship University of Russia named after Patrice Lumumba, Moscow

The article examines the pedagogical activities of the greatest representative of folk instrumental music and teacher of the mid-twentieth century A.S. Ilyukhin. The results of the analysis of the A.S. Ilyukhin's achievements in pedagogical activity, conducted based on archival documents, letters, and memoirs of contemporaries are present. It noted that in his pedagogical activity A.S. Ilyukhin attached particular importance to teaching students – participants of folk instrument orchestras - to play the balalaika, domra, and gusli. It especially emphasized that in the process of teaching A.S. Ilyukhin developed students' hearing, attention, and control and communication skills. The techniques are describe that ensure the development of students' hearing, attention, control and communication skills.

**Keywords:** *pedagogical activity, A.S. Ilyukhin, music education, teacher, Russian folk plucked instruments.*

## **Improving lexical and grammatical skills of students through the digital language environment as the subject of the french language teacher's activity**

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The article investigates the problem of developing linguistic competence among school students learning French as a second foreign language through a digital language-learning environment. It provides the analysis of the content component in the modern educational-methodological complex «*L'oiseau bleu*» for 6th-grade students. The article highlights the advantages and disadvantages of the textbook as a tool for enhancing students' lexical and grammatical skills and justify the need for French teachers to develop a digital language-learning environment within a social network by an online language marathon as an additional platform for communicative and interactive foreign language students' practice while boosting students' motivation, autonomy, and engagement. The study proposes requirements for designing such an environment to improve students' lexical and grammatical proficiency.

**Keywords:** *second foreign language teaching methodology, linguistic competence, lexical and grammatical skills, digital language-learning environment, language-learning online marathon, social networks.*

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