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Research of professional stress of employees of the financial and social sphere

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The diagnosis of professional stress of employees of the financial and social sphere was carried out. The analysis of occupational stress conditions allowed us to divide stress conditions into two groups: internal (fatigue, monotony) and external conditions (mental satiation, stress). An empirical study of occupational stress was conducted on the basis of signs that arise among employees of the financial and social sphere: role uncertainty and its impact, work overload and their consequences, low financial level and social insecurity, individual and personal characteristics and their role. The analysis of the severity of the above components allowed us to draw conclusions about the functional state of employees in the financial and social sphere. The identification of the prevailing type of conflict among professional staff made it possible to understand the real causes of conflicts. Conflicts that arise in the course of work, leading to professional stress, are suppressed with the help of behavioral strategies that are formed by a person in the course of life. The analysis of the use of coping strategies is carried out: problem resolution, search for social support and avoidance. The identification of the prevailing type of conflicts among employees of the financial and social sphere makes it possible to choose a high-quality coping strategy that will minimize or eliminate stressful conditions altogether. Therefore, the coping strategy is a model of psychological protection from professional stress.

Keywords: *models and theories of occupational stress, employee performance, psychometric tests, role uncertainty, work overload, social insecurity, individual and personal characteristics.*

A volunteer psychologist as a subject of work providing psychological assistance to a family in a crisis

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The article is devoted to the generalization of scientific data on the work of volunteers and the description of the professional portrait of a volunteer psychologist as a subject of providing psychological assistance to a family in a crisis, the essence of which and its specifics are described in the context of the stated issues. The classification of volunteers by age, social role and social status is presented. A generalized psychological characteristic of the activity, personality and competencies of a volunteer psychologist in providing psychological assistance to a family in a crisis is given.

Keywords: *psychologist, volunteer, volunteer psychologist, crisis, subject of labor activity, psychological services, volunteering.*

IT specialist's professionogram in the conditions of remote work: theoretical and methodological analysis of the problem

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The article presents a theoretical and methodological analysis of the problem related to the professionogram of an IT specialist in remote work conditions. An analysis of the problem's development level in labor psychology is provided. The technology of professionogram development is examined, including its structure and content, which encompasses both traditional components and new elements determined by the specifics of remote work, the main characteristics of which are systematized and described in the article. A comparative analysis of office and remote work for IT specialists is presented. Based on scientific research, the current key professionally important qualities of an IT specialist are highlighted. Special attention is paid to the methodology of professionogram design. The article describes the technology of professionogram development, taking into account current professional activity problems and the new format of remote work for IT specialists, as well as a forecast of the professionogram's application as a tool for selection, assessment, and development of the subject of this type of labor in the context of digital transformation.

Keywords: *professionogram, IT specialist, remote work, digital transformation, professional competencies, soft skills – universal competencies, psychological adaptation, virtual teams, professional burnout, digital communication.*

Psychological structure of professional burnout in doctors of various specializations

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The article considers the problem of studying psychological aspects of professional burnout of doctors depending on their specialization. Professional work of a doctor is characterized by high emotional load, the consequence of which is the formation and development of emotional burnout in work activity. The psychodiagnostic tool for diagnosing the level of emotional burnout was the method of V.V. Boyko. The results of the study indicate that professional specialization in the work of a doctor has a significant impact on the formation and development of emotional burnout syndrome and reflects the influence of specific features of professional activity on the psychological health and psychoemotional status of a specialist. Significant indicators of an increase in the studied parameters were registered on all scales of the method for diagnosing professional burnout in ophthalmic surgeons compared to the results demonstrated by ophthalmologists of the outpatient link. According to the results of psychological diagnostics of professional burnout, clinical psychologists of medical institutions need to develop a system of psychological support for doctors based on the specifics of their professional specialization, which will include both group forms of psychological work (trainings for the prevention and leveling of professional burnout), and individual counseling programs on problems in their work activities.

Keywords: *professional burnout, professional stress, professional activity of a doctor, professional specialization.*

Factors of motivational-semantic relations of the individual in professional activities

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Considers the key factors of motivational and semantic relations of the individual, which affect the productivity and effectiveness of the labor process. The relevance of the study lies in the study of the factors that determine the level of involvement, satisfaction and efficiency of the employee's professional activity, influencing the motivation and personal meanings of the organization's employees. The scientific novelty of the study lies in the in-depth study of the factors that have the greatest impact on the motivation and semantic attitude of the employee to his professional activity and their impact on the productivity of the labor process. The results of the study contribute to additional clarification of problematic issues in the field of personnel management and mechanisms for achieving the strategic goals of organizations. The main conclusion of the study is that the motivational-semantic relations of the individual are a dynamic process and can change under the influence of numerous factors that affect the formation and development of motivational-semantic relations of the individual in professional activity.

Keywords: *activity, personality, motivation, motivational and semantic relations, organization, behavior, professional activity, meaning, factors.*

Differences in the choice of a sign, or how a sign becomes an eidos and a symbol for researching the values of youth in a professional learning environment

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The article examines the relationship of sign and symbol in the structure of human consciousness, the transition of a sign into a symbol. The main objective of the study is the peculiarities of using non-verbal stimuli, presented graphically, in the process of diagnosing consciousness and assessing the motivation of respondents' behavior in professional training. It is noted that the sign and symbol have many representations in the humanities. An experimental study of the «transition» of a sign into a symbol was carried out on a sample of students, suggesting a collective choice of a sign as a symbol in relation to a certain incentive series, which uses a semantic and value series of words-concepts. The visual analysis of the associative choice of signs in relation to the verbal values of the respondents did not show the unity of the associative choice. According to the results of the psychosemantic experiment, stimuli expressed symbolically fit into the consciousness of respondents in different ways, which implies a differentiated diagnosis.

Keywords: *sign, symbol, transition of a sign into a symbol, authoritative majority, personality traits, gender, age, characterology, consciousness, incentive semantic values, statistical analysis.*

Conscripted military personnel as an object of labor psychology

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In the presented article, military conscription (conscription) is considered as an initial, but at the same time important stage of military professional activity, represented in the form of educational and professional activities carried out in the educational units of training centers for military accounting specialties (the adept phase) and the stage of professional activity itself as a conscript (the adaptation phase). The formulated conclusions are based on an analysis of legislative and regulatory acts, which makes it possible to state the possibility of considering in modern conditions, in accordance with the current nomenclature of scientific specialties of a conscript and the psychological aspects of his professional activity as an object of labor psychology and engineering psychology.

Keywords: *the object of labor psychology, conscription military service, professional activity, military accounting specialty, labor activity, educational and labor activity, research areas.*

The actual problems of studying and developing the imagination of an older preschooler

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The aim of this article is a theoretical analysis and generalization of theoretical and practice-oriented approaches to the study and development of children's imagination, revealing of scientific, social and practical relevance of the study of the imagination of older preschoolers. A unified approach to understanding and developing a child's imagination has not been developed, and an integrated system of classifications of imagination has not been compiled. The scientific relevance is expressed in the lack of study of emotional and cognitive imagination in older preschooler, realized in creative, recreative, anticipatory imagination, and relevant

activities. The social relevance is expressed in the high user interest in video games among preschoolers, which is not similar to the traditional game in terms of developing imagination. The practical relevance is expressed in the difficulties with self-regulation of behavior in a child at the end of preschool education, which are associated with insufficient development of imagination in senior preschool childhood.

Keywords: *emotional imagination, cognitive imagination, anticipatory imagination, creative imagination, recreating imagination.*

Analysis of traumatic childhood experiences and personal characteristics in persons with alcohol dependence

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The article presents an analysis of childhood traumatic experiences among persons with alcohol addiction. It was revealed that hereditary burden, experience of violence in childhood, lack of love, care, attention on the part of the parent and neglect of the needs of the child are the most common anamnestic features of respondents with alcohol dependence. In the personal typology of persons with alcohol dependence, emotive, affective and hyperthymic types prevail.

Keywords: *alcohol addiction, «children of alcoholics», traumatic childhood experiences, violence, parental dysfunction, personality type, readiness for change.*

Gymnasium as a center of natural science education in the Vladimir province (based on the materials of the newspaper «Vladimirskie gubernskie vedomosti» (1838-1839))

D.Yu. Levshchanova, S.I. Doroshenko

Vladimir State University named after Alexander Grigoryevich and Nikolai Grigoryevich Stoletov,
Vladimir

Based on the concept of educating the environment and its modern understanding, on the theory of educational systems and environments, as well as a contextual analysis of historical facts presented in the newspaper «Vladimirskie gubernskie vedomosti», the authors define the Vladimir Gymnasium with a Noble boarding school as the center of provincial natural science research and natural science education in the city and province. The activity of the provincial newspaper as a popularizer of natural science gymnasium education is described: materials about the Physics Room, research results in the field of natural sciences, and meteorological observations conducted at the provincial gymnasium and subordinate schools (for example, in the city of Murom) are published.

Keywords: *Vladimir Gubernia Gymnasium, Noble boarding school, physics room, natural science education, Vladimirskie gubernskie vedomosti.*

Young musicians' interpretational culture: methodology and technology of formation

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The authors pose the problem of forming the young musicians' interpretative culture for their active self-knowledge and open self-determination in the world of culture and art. The research methodology integrates semiotic, cultural and art criticism approaches into the pedagogy of art. By applying this methodology, the authors formed the young musicians' ideas about the role of interpretative culture in musical communication, the ability to historically and contextually analyze the performing repertoire and verbalize its aesthetic assessments, the need to identify personal and socially significant meanings of the performed work, find their own interpretative solutions and express personal understanding of the work in performing practice.

Keywords: *additional education, musical communication, musical interpretation, interpretive culture, interpretive activity, semiotic approach, cultural studies approach, art history approach, pedagogical technology, pedagogical modeling.*

Activities of the Romanov committee in Tver governorate (1914–1917)

S.A. Novikova, L.A. Abrosimova-Romanova

Tver State University, Tver

The article examines the activities of a charitable society of the early 20th century, created to care for orphans, the Romanov Committee. Based on archival information introduced into scientific circulation, the activities of the Romanov Committee in Tver Governorate in 1914–1917 are analyzed.

Keywords: *care for orphans, children of soldiers, Tver Governorate, Romanov Committee.*

Organization of project-based activities of future teachers for the development of a digital career guidance tool

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Based on the author's pedagogical project-based technology – which includes the stages of team building, research, design, implementation, and demonstration – this paper presents the organization and content of the process by which students of a classical university's psycho-pedagogical program developed a digital career guidance tool.

Keywords: *career guidance, digital tool, project-based learning, mentoring, students.*

Problems and trends in the effective communication development in the educational space of the university in the digital era

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The purpose of the study is to identify the problems of effective communication in higher education institutions and to outline the main trends in its development. The article considers the advantages and disadvantages of different forms of communication between teachers and

students: verbal and non-verbal; traditional and distance; scientific. The study systematizes the main communication errors of students. The scientific novelty of the article lies in the description of the problems of communication in the educational space of the university in the digital era, in the development of a systematic approach to their solution. The classification of common communication errors of students is presented and ways to overcome them are proposed.

Keywords: *communication, communicative competence, speech culture, language norms, scientific style, linguistic ecology.*

Linguoculturological role of Arabic borrowings in the French language

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The article considers the issues of defining borrowings. An analysis of the penetration of Arabisms into the French language in various historical periods is conducted. Arabic borrowings in the French language occupy the third place after English and Italian and play a significant role in the expansion and enrichment of the French vocabulary. The penetration of Arabic borrowings into the French language is explained by the higher level of science and culture of the Arab countries, the development of trade contacts, as well as the Crusades. Borrowings from the Arabic language, as a rule, were associated with the emergence of new realities and served mainly to designate objects and phenomena unknown to Europeans. Subsequently, many borrowings from Arabic were so assimilated in the French language that they ceased to be perceived as foreign. The linguacultural significance of Arabic borrowings is reflected in their wide use in Francophone literature, inclusion in French phraseological units and set expressions. Borrowed vocabulary reflects the facts of ethnic contacts, social, economic and cultural ties between language communities.

Keywords: *French language, borrowings, Arabisms, assimilation, Francophone literature.*

Formation of interdisciplinary knowledge in the process of studying the geography of Russia

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This article focuses on the role and continuity of an interdisciplinary approach in the process of studying Russian geography at the levels of basic general education, secondary general education and higher education. The paper emphasizes the importance of using an interdisciplinary approach in teaching as a means of contributing to the formation and development of students' complex perception of the world around them and, in general, the formation of research and analytical competencies. The article presents examples of pedagogical technologies that facilitate the integration of the above knowledge, as well as teaching methods aimed at the successful formation and development of interdisciplinary competencies. In addition, the work highlights aspects that will hinder the full implementation of an interdisciplinary approach in the context of current problems of geographical education.

Keywords: *teaching geography, interdisciplinary approach, regional approach, local history approach, 4 «K» concept, research competence.*

The lexical approach as a means of teaching speaking for international English examinations

S.U. Meysurova, E.Y. Myagkova, I.S. Krestinsky

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The article examines the integrative technology of boosting English vocabulary and improving speaking as a type of speech activity in the preparation for Cambridge International English Language Examinations such as CAE (C1 Advanced) and CPE (C2 Proficiency). The possibilities of interweaving the key idea of M. Lewis' lexical approach (the heuristic potential of lexical chunks) with cutting edge technologies in teaching foreign languages on the basis of Quizlet's interactive cards are discussed. The conclusion in respect of the exceptional productivity of lexical chunks in developing speaking skills and preparing for examinations is made.

Keywords: *English language, Cambridge International Examinations, lexical competence, lexical chunks, speaking as a type of speech activity, Quizlet.*

Implementation of a competence-based approach in solving recursion tasks

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The article discusses the study of various methods for solving recursion tasks of the subject «Informatics» from the standpoint of the competence-based approach. These tasks are present in the unified state exam in informatics (number 16). It is shown that the effectiveness of students' activities is facilitated by the consideration and application of various methods, techniques and tools for solving tasks, the formation of a set of competencies, including personal, universal, digital, mathematical, language competencies, as well as the decomposition of competencies by levels of complexity of educational content and its components.

Keywords: *pedagogical approach, competence-based approach, system-activity approach, competence, competency, recursion, recursion function, cyclic algorithm, programming, verification.*

Continuity of formation of methodological competence of the future mathematics teacher

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The article is devoted to the implementation of continuity in the formation of methodological competence of future mathematics teachers. The purpose of the study is to develop mechanisms for integrating fundamental and methodological training of future teachers aimed at developing their methodological competence. The main approaches to implementing the continuity of the

formation of methodological competence of future teachers at the substantive level are described. The strengthening of the practical focus of fundamental disciplines studied by students at the university is substantiated in order to master the techniques of methodological work on the proposed mathematical content and the formation of readiness to effectively carry out their professional activities.

Keywords: *continuity, methodological competence, preparation of mathematics teachers, mathematical structures, modern educational technologies, situational and methodological tasks.*

Methodological foundations of functional literacy formation in the context of digital transformation

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The article summarizes the experience of functional literacy formation in the current realities and provides a comparative description of the methodological foundations of its formation in Russia and China. The general trends in the development of functional literacy in the countries represented are identified. The work reveals the content of the concept of «functional literacy», as well as the specifics of the development of this concept in a historical context. The relevance of the article is determined by the requirements of modern society in the development of a personality capable of functioning successfully, ready for changes in the external environment and able to cope with emerging difficulties on their own. The object of research: functional literacy. The purpose of the article is to study the methodological foundations and specifics of the formation of functional literacy in the context of digital transformation. Research methods: the following theoretical methods were used in the course of the study: historical and philosophical, which allows us to trace the history of the development of functional literacy as a process; synthesis, which allows us to delve into the relationship between functional literacy and other areas of pedagogy; as well as a problematic method that allows us to identify shortcomings in the current system of digitalization of education and outline ways to improve it.

Keywords: *functional literacy, digitalization, distance learning, adaptive learning, chatbots, digital transformation of education, artificial intelligence, cross-platform, China, educational resources.*

Features of the modern system of additional music education in China

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This article is devoted to the specifics of the modern system of additional music education in China. It examines the importance of additional education in the life of the Chinese population, for the development of children's personality. The main principles of work and classification of institutions of additional musical education in China are given. The tasks of the state in the field of additional education, its stages, the main principles of the music education system in China, and the peculiarities of teaching gifted children are considered. The connection of additional education with the history of the development of Chinese culture is shown. The importance of music education in the upbringing of a citizen's personality is shown. The features of music additional education in China are determined. The author pays attention to the development of the child's personality, and the analysis

of additional education allows to delve into the process of education and upbringing of Chinese children.

Keywords: *additional education, China, traditional teaching methods, innovative methods, giftedness, creativity, creativity, musical pedagogy.*

The possibilities of using art criticism methods in shaping the young artists ability to make aesthetic assessments

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The relevance of developing the ability of young artists to aesthetic appreciation is due to the task of educating an aesthetically developed personality. To solve this problem, it is proposed to use the methods of art criticism as a tool for developing the ability of young artists to evaluate art from an aesthetic point of view. The results of the research are to identify and systematize art criticism methods for developing the ability of young artists to aesthetically evaluate works of art.

Keywords: *additional education, art education, the ability to aesthetic assessment, art history disciplines, art history methods.*

The model of interaction of participants in educational relations at a comprehensive school as a propaedeutic tool professional self-determination

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The relationship between teacher, schoolchildren and parent is considered. The directions of cooperation «schoolchildren – teacher», «schoolchildren – parent», «parent –teacher» are presented. A model of interaction between participants in educational relations is proposed that promotes professional self-determination of schoolchildren of different levels of education. The key aspects of the organization of pedagogical support of this process are revealed. The conclusion is made about the possibility of using the proposed model for the propaedeutics of professional self-determination of younger schoolchildren.

Keywords: *education, participants in educational relations, professional self-determination, pedagogical triangle, model of interaction of participants in educational relations, career guidance, propaedeutics of professional self-determination, flexible skills, primary schoolchildren, organization of pedagogical support for professional self-determination.*

Discussion on the status of metaphorical competence in modern linguodidactics

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The article examines scientists' ideas about the ontological status of metaphorical competence. It is revealed that initially the development of metaphorical competence was considered in the context of teaching a native language (D. Flahive, P. Carrell, and others), but in 1986-1988 the need for its formation among students studying foreign languages was substantiated (M. Danesi, G. Low). The main directions in the development of modern concepts of metaphorical competence have been identified, which consist in shifting the focus from theory to practice. It is noted that due to the short history of the issue, the problem of the status of metaphorical competence remains controversial and requires a solution.

Keywords: *metaphorical competence, Russian as a foreign language, teaching methods, metaphors, teaching metaphors, competence.*

Pedagogical support of the process of socialization of Chinese students in modern conditions of study in Russian universities

Jiang Jiahong

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The article considers the problem of students' socialization in modern conditions of study in Russian universities and the effectiveness of pedagogical support. The theoretical information and points of view on the problem of socialization of Chinese students by various authors are studied. The principles of socialization, factors and problems of the process of socialization of Chinese students in modern conditions are revealed. Research methods: theoretical methods (analysis and generalization of scientific literature) and empirical methods (questionnaires, quantitative and qualitative data processing). As a result of empirical research, it has been revealed that in the process of pedagogical support for socialization, it is necessary to work on students' self-esteem. The purpose of the study: to build a model of pedagogical support at the university.

Keywords: *socialization, social distancing, Chinese students, language barrier, tutor support, pedagogical support program.*

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