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### INTERRELATION OF MORAL ORIENTATIONS AND INDIVIDUAL-PERSONAL PROPERTIES OF YOUNG PEOPLE

#### O.V. Barinova, S.A. Lerner

Moscow University for the Humanities, Moscow

In order to study the features of the moral sphere of the adolescent personality in relation to individual and personal properties, an empirical study was conducted, in which 102 medical college students enrolled in 1-3 courses took part. Methods of diagnostics of moral orientations of I.S. Slavinskaya, A.D. Nasledov, M.Ya. Dvoretskaya; Personal accentuation test V.P. Dvorshchenko; Self-attitude test V. V. Stolin, S. R. Panteleev; Egocentric Association test (EAT) modified by T.I. Pashukova were used. Statistical processing implied the use of the SPSS 22.0 software package, the use of the Spearman correlation coefficient. As a result of the study, character accentuations and features of self-attitude were identified, interrelated with the development of moral orientations in adolescence. The results of the study can be useful in the preparation of comprehensive programs focused on the moral development of young people. *Keywords: morality, moral orientations, accentuations, self-attitude, egocentrism, adolescence.* 

## THE NATURE OF EMOTIONAL RELATIONSHIPS IN MARRIAGE IN THE CONTEXT OF SELF-ACTUALISATION OF THE SPOUSES' PERSONALITY

#### O.N. Komarova, A.L. Rasskazova

Moscow City Teacher Training University, Moscow

The article analyses psychological aspects of various approaches to the problem of relationships in the family as well as theoretically substantiates the connection between the nature of emotional relationships and the peculiarities of self-actualisation of the spouses' personality. The study involved 100 respondents (50 married couples) aged from 23 to 60 years old. The data were collected with the help of the SAMOAL E. Shostrom personality self-actualisation diagnostic questionnaire; the test-questionnaire of marital satisfaction (V.V. Stolin, T.L. Romanova, G.P. Butenko); the questionnaire «Understanding, emotional atractiveness, authority» by A.N. Volkova. It is established that self-actualisation of spouses is a factor of positive dynamics of close marital relations. In return, favourable relations create conditions for the development of spouses' personality. The most defining characteristics of the relationship between spouses are the following parameters of self-actualisation: creativity, selfunderstanding, sociability, and flexibility in communication. Women's marital satisfaction depends on their self-actualisation and other aspects of personality to a greater degree than men's. The influence of a wife's self-actualisation level on a man's marital satisfaction is greater than in a similar situation with women and their spouses. The specificity of the relationships between the self-actualisation of spouses and their relationships in the family depending on the length of service of family life was revealed. At different stages of the family life cycle there is a restructuring of the relationships between the indicators of self-actualisation of spouses and their relationships from maximum integration to relative autonomy.

Keywords: marital relations, understanding, emotional attractiveness, authority.

## BASIC CONDITIONS OF IMPLEMENTATION PSYCHOLOGICAL SUPPORT IN CHILDREN AND YOUTH SCHOOL

### **I.V. Babichev**

#### Sochi State University, Sochi

The purpose of this study is to determine the basic conditions for the implementation of psychological support in the organization of youth sports, the provision of which allows us to predict the greatest effectiveness of this process. The article considers the high level of professionalism of a sports psychologist, a sufficient level of funding for psychological support, constructive interaction between its participants, documentation of the support process, and the psychological competence of coaches as the main conditions for psychological support in the Youth sports School.

*Keywords: psychological support, youth sports, sports psychologist, psychological competence.* 

## PSYCHOLOGICAL CONDITIONS OF FORMATION STUDENTS WITH DISABILITIES HAVE READINESS TOWARDS PROFESSIONAL AND PERSONAL SELF-DETERMINATION

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The article presents the results of a study in which the following took part: 1058 schoolchildren studying in the 11th grade of 38 secondary schools in Moscow and St. Petersburg, of which 162 students with disabilities, as well as 382 teachers of the general education system carrying out professional activities in these schools. The following were studied: the level of readiness of students with disabilities for professional and personal self-determination, the degree of expression of the status of their professional identity, the characteristics of the educational environments of schools, the prevailing style of pedagogical communication and the level of development of achievement motivation among students and teachers. It has been established that the formation of readiness for professional and personal self-determination among students with disabilities is possible provided that a problem-rich educational environment is created in an inclusive school through the integration of a dialogue style of pedagogical interaction and the organization of professionally oriented, emotionally significant educational events, participation in which promotes free the manifestation of individual psychological characteristics of the personality of each subject of inclusive education and the formation of primary professional experience among students with disabilities.

**Keywords**: professional and personal self-determination, readiness for professional and personal self-determination, professional identity, students with disabilities, the educational environment of the school, styles of pedagogical interaction, motivation of achievements, problem-emotional saturation of the educational environment.

# READINESS FOR PROFESSIONAL CHOICE OF HIGH SCHOOL STUDENTS AT THE STAGE OF THEIR PRE-PROFESSIONAL DEVELOPMENT

# I.V. Gaidamashko<sup>1</sup>, T.A. Egorenko<sup>2</sup>

<sup>1</sup>Sochi State University, Sochi <sup>2</sup>Moscow State University of Psychology & Education, Moscow

The article deals with the concept of readiness for professional choice at the stage of preprofessional development. The results of the study of the degree of formation of high school students' readiness for professional choice are presented. The study involved 200 high school students of Moscow schools studying in the humanitarian profile: 109 people studying in the 10th grade, 91 – in the 11th grade. The data obtained in the study were confirmed by methods of mathematical and statistical data processing. The results show that unpreparedness for professional choice is supported by the unconsciousness of internal individually significant and socially significant motives, not formed ability to plan their future. Psychological support of high school students' professional development at the stage of pre-professional development will allow to activate attention to themselves, to explore possible options for building a professional future and to choose the most suitable one for themselves.

*Keywords:* professional formation, pre-professional development, readiness for professional choice, professional identity, motives of professional choice, building life prospects.

### PSYCHOLOGICAL PREDICTORS OF SUCCESS OF PROFESSIONAL DEVELOPMENT OF A PSYCHOLOGIST AT THE STAGE OF COMPLETION OF PROFESSIONAL TRAINING

# T.A. Egorenko

Moscow State University of Psychology & Education, Moscow

The results of the study of predictors of successful professional development of psychology students at the stage of readiness for activity (graduation from university) The study involved 228 fourth-year psychology students studying at leading Russian universities. The data obtained in the study were confirmed by methods of mathematical and statistical data processing. The results indicate that the success of professional development of psychology students at the stage of readiness for activity is determined by two variables. The first variable has a value-meaning nature and is characterized by the most consistent existential content. The second variable, the content of which is the professionally important qualities of a psychologist – reflexivity, the ability to empathy, emotional stability, and the absence of a tendency to dominance can be meaningfully defined as social interest and sociability.

*Keywords:* professional formation, readiness for activity, professional training of psychologists, reflexion, professional motivation, professional important qualities.

## PSYCHOLOGICAL FEATURES OF THE LABOUR SUBJECT DEVELOPMENT IN THE CONDITIONS OF SOCIO-ECONOMIC CRISIS

## T.A. Zhalagina

Tver State University, Tver

The article is devoted to current problems of the labour subject development in the conditions of socio-economic crisis. The possibilities of the professional development of a person as a subject of labour in the difficult conditions of our time associated with changes in the system of social relations that do not have a positive impact on the professional and personal development of subjects of educational and professional activities are considered. It is proposed to use measures of psychological support and accompaniment of subjects' activity, individual and family counseling in the process of working with students and other age groups of the population within the framework of psychological services. The result will be the formation of a positive social identity that promotes socio-psychological adaptation to changing socio-economic conditions.

**Keywords:** subject of labor, socio-economic crisis, professional and personal development, professional activity, hierarchy of values, psychological services, socio-psychological adaptation, positive social identity.

## SCIENTIFIC AND ENGINEERING ELITE OF RUSSIA: PSYCHOLOGICAL APPROACH

#### N.B. Karabushchenko

National Research Nuclear University MEPhI, Moscow

The article substantiates the significance and role of scientific and engineering elite for modern Russian society, a theoretical review of publications in recent years, devoted to the study of scientific, intellectual and creative elites. The analysis has shown the need for more systemic research in this area, so the author's psychological model of scientific and engineering elite for modern Russian society was developed. Author's psychological model of scientific, engineering, technical elite, which includes: factors of external influence, structural and substantive components, levels and functions, as well as criteria of social and professional success of a person.

*Keywords:* elite, creativity, creativity, scientific and engineering elite, social and professional success.

# CRITICAL LIFE SITUATIONS IN PROFESSIONAL ACTIVITY: MAIN APPROACHES TO STUDY

### M.A. Kruglova<sup>1</sup>, N.E. Vodopyanova<sup>1</sup>, V.A. Kruglov<sup>2</sup>

<sup>1</sup>St. Petersburg State University, St. Petersburg, <sup>2</sup>University under IPA EurAsEC, St. Petersburg

Global changes in life have led people, especially working people, to the need to quickly adapt to the challenges that reality presents, creating critical events. Changes in the organizational process cause the employee to reconsider his views on life, work, and career, as well as daily new challenges and uncertainty of the future – all this is manifested in various critical life events and causes permanent stress in a person. The article describes approaches to the study of critical life situations in professional activity. There are four approaches to understanding the place of critical life situations in work. The most well-known models within each approach are analyzed. The main representatives and their points of view in the context of this paradigm are identified. *Keywords:* critical life situations; stress; work; proactivity; coping; coping behavior; resources; professional activity.

## FEATURES OF PROFESSIONAL IDENTITY AND MOTIVATION OF INFORMAL WORKERS

## Yu.V. Lisichkina

#### University of World Civilizations named after V.V. Zhirinovsky, Moscow

The results of the empirical research presented in the article show that barriers to the professionalization of individuals are informal employment, which results in a decrease in moral responsibility, a sense of public duty, and motives for self-realization in the profession. A comparative analysis of data on the professional identity of officially employed and informally employed workers showed signs of marginalization among the latter, expressed in an insufficiently developed sense of professional duty, reduced civic responsibility, and a willingness to violate professional ethics.

*Keywords:* informal employment, professional identity, marginalization, motivation for professional activity.

#### PROFESSIONOGRAM FOR CONTINUOUS GLASS FIBER PRODUCTION OPERATOR

#### O.A.Makarova<sup>1</sup>, T.V. Razina<sup>2</sup>

<sup>1</sup> Kazan Federal University, Elabuga <sup>2</sup>University of World Civilizations named after V.V. Zhirinovsky, Moscow

The article presents an analysis of the problem of professionalization in the operator profession, in particular the operator of continuous fiberglass production. The relevance of the topic is determined by trends in the field of production labor. The success of industrial enterprises in the labor market today is associated not only with the provision of the technological process with modern equipment, but also with ensuring effective functioning in the «human-machine» system. The personality of the operator himself and his work are in the spotlight. At the same time, the sphere of fiberglass production, with an increase in its volumes, remains the least considered in psychological science. An up-to-date idea of the state of the subject of study is

formulated, which is brought from the study of other types of camera work. The work makes an attempt to compile a professionogram based on an analysis of the characteristics of the technological process of fiberglass production in relation to the psychological potential of the operator. This study is aimed at systematizing knowledge about the peculiarities of operator work and brings us closer to objective knowledge of the psyche of the subject of professional activity and psychological structure of activity.

**Keywords**: professiogram, professional activity, operator work, operator of continuous fiberglass production, production work, human factor, switching of attention, speed (frequency) of movements, coordination of movements, fatigue, monotony, reaction to a moving object, type of nervous system.

## STUDY OF THE PROFESSIONAL IMAGE OF FUTURE YOUTH WORK SPECIALISTS AT THE STAGE OF PROFESSIONAL TRAINING

## M.V. Moroz

Tver State University, Tver

The article presents the results of a study of the image of the profession of future specialists in working with youth, as a necessary condition for the formation of professional self-awareness and design of the vector of professional development. The practical significance of the study is determined by the need to train personnel in the system of state youth policy.

*Keywords:* subject of labor, image of the profession, professional activity, professional identity, youth worker.

## CLARIFICATION OF THE SCHEME OF DETERMINATION OF THE PSYCHOLOGICAL CONTRACT INDIVIDUAL AND PERSONAL CHARACTERISTICS OF LABOR SUBJECTS

#### E.S. Rebrilova

Tver State University, Tver

The analysis of publications presented in the article describing studies of the psychological contract, as well as the results of empirical studies of the author's implicit agreement, made it possible to clarify the scheme of determination of the psychological contract by the individual personal characteristics of the subjects of labor. Modern scientific ideas about the individual and personal determinism of the phenomenon being studied are expanded. A further perspective of theoretical and empirical research of the contract of subjects of labor activity in this direction and in the direction of external parameters, in relation to the subject and the organization, is proposed.

**Keywords**: psychological contract, individual personal characteristics of the subject of labor activity, determinants of the implicit agreement, subject of labor.

## PROFESSIONAL ADAPTATION AND DISADAPTATION OF WORK SUBJECTS IN THE CONDITIONS OF DIGITALIZATION

#### R.A. Khairullin, N.E. Vodopyanova

St Petersburg State University, St. Petersburg

The article is devoted to the analysis of the processes of professional adaptation/disadaptation of labor subjects in the conditions of digitalization of social and professional life. The main

approaches to the study of professional adaptation and maladaptation are described. The process of digitalization as a factor contributing to the development of professional maladaptation is considered; significant reasons contributing to the emergence of maladaptation of subjects of labor, associated with the process of digitalization, are highlighted. The theoretical model illustrating the features of the influence of digitalization on the processes of adaptation/disadaptation of labor subjects is proposed.

Keywords: adaptation; disadaptation; digitalization; subject of work; professional activity.

## FEATURES OF EDUCATIONAL MOTIVATION AMONG MEDICAL STUDENTS WITH DIFFERENT LEVELS OF PSYCHOLOGICAL CAPITAL

#### I.I. Koryagina<sup>1</sup>, V.G. Maralov<sup>2</sup>

<sup>1</sup>Ivanovo State Medical Academy, Ivanovo <sup>2</sup>Cherepovets State University, Cherepovets

The purpose of the study was to identify the features of educational motivation among students - future medical professionals with different levels of psychological capital. In an empirical study 160 students of the Ivanovo State Medical Academy aged 17-23 years old took part, the average age was 19.9 (SD=2.53), men - 41 (25.63%), women - 119 (74.37%). As diagnostic methods, a questionnaire was used to identify the level of psychological capital of F. Lutans, K. Joseph and B. Avolio in the adaptation of V.G. Maralov, M.A. Kudak, O.V. Smirnova, as well as a questionnaire by A.A. Rean and V.A. Yakunin in the modification of N.C. Badmaeva to identify the motivation of educational activity. As a result, it was found that students with a high level of psychological capital have an optimal structure of motivation for educational and professional activities. They turned out to have much more pronounced professional, educational, cognitive, communicative motives, prestige motives and motives of creative selfrealization than students with a low level of psychological capital. No differences were found in two groups of motives: social and avoidance. As a result, it was concluded that psychological capital acts as a personal resource for carrying out activities. Work on its improvement will have a positive impact on the development of motivation and effectiveness of educational and professional activities.

*Keywords*: *psychological capital, motivation of educational and professional activities, students of medical training.* 

## VALUE-SEMANTIC ORIENTATIONS OF CADETS OF THE INSTITUTE OF THE FEDERAL PENITENTIARY SERVICE OF RUSSIA

#### M.Yu. Smirnova<sup>1</sup>, D.O. Smirnov<sup>2</sup>, A.V. Maloletkova<sup>3</sup>

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The article presents the results of a study of the value-semantic orientations of cadets of the Perm Institute of the Federal Penitentiary Service of Russia. The «Questionnaire of professional value-semantic orientations of employees and federal state civil servants of the penal system» has been developed and standardized. The results of the study indicate the inclusion of professional value-semantic orientations in the personality structure of cadets. Statistical differences were found in the system of value orientations of senior and junior students. *Keywords: value-semantic orientations, values, meaning of life, personality.* 

# LEGAL RELATIONS: CROSS-CULTURAL AND BEHAVIORAL ASPECTS

## **D.S. Beznosov**

### St. Petersburg State Institute of Psychology and Social Work, St. Petersburg

The purpose of the article is to analyze the cross-cultural and behavioral aspects of legal relations. Cross-cultural aspects are manifested in the fact that legal relations in society go through a long historical path of formation and are formed under the influence of political, religious, and economic conditions. The basis of legal relations is moral and legal norms. Religious beliefs determine morality, which is reflected in the legal system. In the history of interstate relations, cultural borrowings in the legal and religious spheres have often taken place. Close trade and religious relations with Byzantium contributed to the fact that many legal principles were adopted in Russia. The legal system was formed on the basis of international treaties. The behavioral aspects of legal relations are manifested in assertiveness – the ability of a person to protect his rights and interests. Human behavior can be divided into types: a) aggressiveness – active defense of one's rights; b) passivity, conformity, as a rejection of self-defense; c) assertiveness – conscious, confident, mutual and respectful behavior in interpersonal and legal relations, the ability to resist the influence of others.

Keywords: legal relations, cultural borrowings, legal norms, assertiveness.

# VALUE-INTENTIONAL DETERMINANTS OF SOCIO-PSYCHOLOGICAL ADAPTATION OF SCHOOLCHILDREN YOUNGER ADOLESCENCE

## V.M. Golyanich, A.F. Bondaruk, M.V. Zagasheva

St. Petersburg State Institute of Culture, St. Petersburg

Socio-psychological adaptation is the most important component of human success in various types of activities. The system of value orientations and personality orientation are currently considered as the central (basic) element determining the effectiveness of socio-psychological adaptation. In this regard, research on the value factors of socio-psychological adaptation in adolescence is becoming particularly relevant, which is considered by most authors as the most difficult and contradictory stage of personality development. The article presents the results of an empirical study, the purpose of which was to analyze the determinative role of the system of value orientations in the success of socio-psychological adaptation of schoolchildren of younger adolescence.

**Keywords:** value orientations, socio-psychological adaptation, value-intentional determinants of socio-psychological adaptation, schoolchildren of younger adolescence.

## STUDY OF THE COMMUNICATIVE CHARACTERISTICS OF EMPLOYEES OF THE MINISTRY OF FOREIGN AFFAIRS

Yu.L. Grebennikov<sup>1</sup>, E.A. Karpova<sup>2</sup>, E.A. Orlova<sup>1,3</sup>

<sup>1</sup>State University of Education, Mytishchi <sup>2</sup>International Police VPA Academy, Tula <sup>3</sup>Russian Academy of National Economy and Public Administration under the President of the Russian Federation, Moscow

The article is devoted to the presentation of the results of an empirical study of the communicative characteristics of employees of the Ministry of Foreign Affairs. Communicative control, communicative social competence, emotional barriers in interpersonal communication are considered as psychological factors of professional burnout of Foreign Ministry employees in the context of foreign language communication. A direct correlation was found between such emotional barriers in interpersonal communication as «inability to manage emotions, dose them» and «inadequate manifestation of emotions», with indicators of professional burnout «emotional exhaustion» and «depersonalization».

*Keywords:* professional activity, diplomatic communication, professional burnout, communicative control, communicative social competence, emotional barriers in interpersonal communication.

## FORMATION OF FORECASTING SKILLS IN A CHILD WITH MOTOR DISORDERS

#### A.I. Akhmetzyanova

#### Kazan Federal University, Kazan

The relevance of studying forecasting is determined by the need to find resources that promote the positive socialization of children in an inclusive educational space. The integral nature of forecasting, including cognitive and emotional-personal components, allows us to consider it as an indicator of the level of orientation in social reality, and the intensive development of forecasting ability in older preschool age makes it an important resource for the positive socialization of a child in an inclusive educational space. The article presents the experience of developing a model for developing the ability to predict a child with a disorder of the musculoskeletal system of preschool age. The developed ability to forecast in preschoolers will allow children to foresee the picture of the development of future events and the actions of participants in them, to anticipate the consequences of their own actions, on the basis of which preschoolers will be able to change the strategies of their behavior in interaction in a socially acceptable direction, which will have a beneficial effect on the process of their socialization in an inclusive educational space.

Keywords: forecasting, socialization, musculoskeletal disorder, inclusive educational space.

## PROBLEMS OF FORMATION OF SOCIO-PSYCHOLOGICAL COMPETENCE IN CONDITIONS OF DYSONTOGENESIS

#### I.A. Shapoval

#### Voronezh State Pedagogical University, Voronezh

The specific persistent problems of mastering socio-psychological competence by children and adolescents in the context of dysontogenesis and in the context of their social inclusion and exclusion are discussed. The mechanisms, essence and characteristics of these problems are presented in the system of constructs of maladaptation, maladaptive / deviant behavior, maladaptivity of personality. The age-related features of the formation of socio-psychological incompetence are described, their mechanisms in the conditions of dysontogenesis are revealed. A dynamic model of the development of maladaptivity and socio-psychological incompetence is proposed. General conclusions are drawn about the need to take into account the deep originality of the processes of adaptation and compensation in the conditions of dysontogenesis in the work on the development of adaptability and correction of maladaptivity. Recommendations are formulated on the organization of the formation of a child's socio-psychological competence, necessary and sufficient for inclusion in a standard society.

*Keywords:* social inclusion, socio-psychological competence, dysontogenesis, maladaptivity, maladaptivity, compensation.

## THE COLLECTIVE LESSONS OF THE SOCIETY OF EDUCATORS AND TEACHERS IN THE PRACTICE OF HIGHER WOMEN'S EDUCATION IN RUSSIA (1889–1900)

#### T.S. Kovylnikova

Tver State University, Tver

The article is devoted to one of the little-studied pages in the history of higher female education in Russia – the activities of the Collective Lessons of the Society of Educators and Teachers. In the difficult decade of 1889–1900s, the Collective Lessons replaced all other women's courses in Moscow, which were closed by the government. The Collective Lessons have never been the subject of special scientific research. The purpose of the article is to summarize scattered information about the Collective Lessons, assess their significance for Russian education at the end of the 19th century, as well as introduce into scientific circulation the memoirs of A.Ya. Rabinovich «A page from the history of higher female education in Russia». *Keywords:* history of higher female education, higher women's courses, the Collective Lessons of the Society of Educators and Teachers.

## PRINCIPLES OF JOHN FIELD'S PIANO PEDAGOGY IN CONTEXT OF RUSSIAN PIANO SCHOOL FORMATION: AN ATTEMPT OF RECONSTRUCTION

#### E.G. Milyugina, A.D. Merzlikin

Tver State University, Tver

The theoretical problem of a study is to determine the sociocultural and pedagogical conditions for the Russian piano school formation in the first half of the 19th century. The specific problem of a study is to comprehend the pedagogical contribution made to the Russian pianism formation and professional self-determination by John Field, the leading representative of the London piano school in Russian music education of that period. The objective of the research is to reconstruct J. Field's pedagogical system and to systematize his principles for the artistic, technical and creative development of a pianist's personality. As a result of the study, the authors reconstructed the system of J. Field's pedagogical ideas, described its specifics and identified its potential for the Russian piano school formation and development in the pre-professional and professional periods of its history.

*Keywords*: piano pedagogy, *Russian piano school*, *London piano school*, *succession*, *professional development of a pianist*, *John Field*.

#### ETYMOLOGY OF JUDICIAL PERSONNEL TRAINING AT DEMIDOVO LEGAL LYCEUM

#### N.A. Patov

#### LLC Publishing House «Professional Education», Moscow

The article examines the issues of the formation in the Russian Empire of educational institutions involved in the training of lawyers and, in particular, representatives of the judicial corporation. The process of organizing these educational institutions was complex and underwent various periods associated with the influence of both European and purely Russian

Orthodox traditions, as well as features associated with the zemstvo-serf system of the Russian Empire. The main attention is paid to such forges of judicial personnel of Tsarist Russia as the Tsarskoye Selo Lyceum, the Imperial School of Law and the Demidov Legal Lyceum. The issues of problems of organizing educational programs, courses, the procedure for attracting and training teaching staff in these educational institutions are considered.

**Keywords:** etymology of education, Demidov Legal Lyceum, education of lawyers and court officials, Imperial School of Law, Tsarskoye Selo Lyceum.

## INNOVATIVE LINGUODIDACTIC TECHNOLOGIES IN FOREIGN STUDENTS TEACHING

#### E.V. Krapivnik

#### Pacific National University, Khabarovsk

The article examines innovative trends in methods of Russian as a foreign language teaching. The didactic possibilities of innovative linguodidactics in the field of foreign students teaching in Russian universities are identified in the article. Formulated goals, objectives and foundations of training, which is both based on the traditions of classical linguodidactics and uses the positive experience of introducing innovative educational technologies and intensive methods into the educational process. The article presents the pedagogical practice of organizing express courses of Russian as a foreign language, which takes into account progressive educational trends, uses innovative technologies and elements of intensive foreign languages teaching. The author defines the principles of creating educational materials for short-term teaching of Russian as a foreign language, taking into account the factors hindering the effectiveness of traditional foreign students training in the context of a significant reduction in teaching hours.

*Keywords:* Russian as a foreign language, innovative technologies, intensive language learning.

# PRACTICAL ASPECTS OF WORKING ON ONEGIN'S ARIA FROM THE OPERA «EUGENE ONEGIN» BY P.I. TCHAIKOVSKY

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#### Ningxia University, Guyuan, China

The article is devoted to problems of practical mastering of opera parts in a special vocal class on the example of Onegin's aria from the 3rd scene of the opera «Eugene Onegin» by P.I. Tchaikovsky. The purpose of the article is to analyze the possibilities of comprehensive development by novice singers – university students – of the multifaceted, internally contradictory image of Onegin, the nature of which is revealed through the creation of an intense inner experience. Using musical, audio and video materials, the works of leading experts in the field, based on the ideas of to K.S. Stanislavsky, the author identifies ways to search for techniques of expressing feelings in the details and nuances of the musical and literary text of the aria. As a result, the performer should form a holistic and perspective view of the image of the main character, the hidden features of which will reveal themselves in the course of the development of the action. The novelty of the work is due to the very approach to the aria, in which the inner meanings of the content (subtext) are naturally associated with the subsequent characteristics of Onegin (the text of the party), explaining the motives of his future actions. Thus, the aria is projected onto the entire course of the dramatic action, and its role is not limited

to the framework of one picture. The work on the musical interpretation of the aria also takes into account the individual interpretations of the outstanding performers of Onegin's part. *Keywords:* Onegin, P.I. Tchaikovsky, opera «Eugene Onegin», aria, singing apparatus, artistic image, performing interpretation, cantilena, singer-actor.

### THE INTERDEPENDENT COMPONENT OF PERSONAL, ACADEMIC AND PROFESSIONAL MOBILITY IN THE CONTEXT OF PERSONAL AND PROFESSIONAL GROWTH

### A.N. Aleksandrova

Russian New University, Moscow

The article substantiates the relevance of addressing the problem of professional development through the prism of personal and professional growth. The author reveals the relevance of the application of educational practices in the context of professional development. The necessity of lifelong education is justified, due to external factors and the availability of opportunities for advanced training or the acquisition of new professional competencies through the implementation of academic mobility. The general components of personal, academic and professional mobility are defined. Highlighting the main elements of personal mobility: activity, readiness, adaptability and creativity, the author emphasizes their identical importance in all the studied types of mobility.

*Keywords: lifelong learning, mobility, personal mobility, academic mobility, professional mobility, external mobility, internal mobility.* 

## PSYCHOLOGICAL TRAINING AS A TOOL TO INCREASE THE EFFECTIVENESS OF PROFESSIONAL ACTIVITY OF TEACHERS OF ADDITIONAL EDUCATION FOR CHILDREN

#### V.Yu. Zhukov

#### State University of Education, Moscow

The article presents the results of an experimental research of the influence of psychological training on the effectiveness of professional activity of teachers of additional education for children. The analysis of the content of psychological trainings is carried out, methods of constructing training work, rules and norms of conducting classes, the stages of psychological trainings, characteristics of training groups, as well as the advantages of the group form of psychological work are considered. The effectiveness of the implementation of psychological training in the professional activities of teachers of additional education for children is shown. The psychological characteristics of teachers influencing the effectiveness of professional activity before and after the implementation of psychological training are analyzed, including reflexivity, motivation, subjective control, innovative readiness, volitional self-regulation, sociability, communicative and organizational inclinations. Based on the results of the conducted research and the results of the experimental study, the main conclusions and practical recommendations are presented.

*Keywords*: teacher, additional education, psychodiagnostics, psychological characteristics, effectiveness, evaluation, professional activity, psychological training.

#### PROFESSIONAL SELF-AWARENESS FORMATION MODEL OF HIGH SCHOOL STUDENTS ON THE BASIS OF THE POLYPARADIGMATIC APPROACH

### A.S. Pokotilo

#### Saratov State University named after N. G. Chernyshevsky

This article formulates the author's meaning of the formation of professional self-awareness of high school students based on a multi-paradigm approach. The main components of professional self-awareness are shown, and the author defines the humanistic, cultural and competence paradigms as the most significant components of the polyparadigmatic approach within the framework of the research. A pedagogical model for the formation of professional self-awareness among high school students based on a multi-paradigm approach, consisting of targeted, meaningful and effective blocks, is proposed.

*Keywords:* multi-paradigm approach, professional self-awareness, pedagogical model.

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