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## **THE INFLUENCE OF THE SPECIFIC NATURE AND EXTREME SPORTS ACTIVITIES ON PSYCHOLOGICAL HEALTH OF ATHLETES**

**A.V. Aleshicheva, N.G. Samoilov**

Ryazan State Medical University named after academician I.P. Pavlov

In the present work, the aim is to establish the influence of the specificity of sport and extreme physical and mental stress on the psyche and psychological health of athletes. The study involved 328 athletes of high qualification. They were diagnosed with the qualities and personality traits that significantly affect the psychological health and on his condition. At 178 athletes with sharp skills, through the application of information analysis we determined the overall and relative energy as well as the coefficient of redundancy. The dependence of the state of the psychological health of athletes from the intensity and duration of physical and mental load of the specificity of sport and its degree of extremeness. Discovered the relationship between the level of manifestation of personal qualities of the athlete and the quantitative expression of total and relative entropy, as well as the coefficient of redundancy. It is shown that in the psyche of sportsmen of high qualification, undertaking a multi-year extreme loads, an increasing number of negative qualities and personality traits that can impair their psychological health.

**Keywords:** *qualities athletes, extreme sports, the specificity of sport, psychological health.*

## **THE RESEARCH OF TEACHERS' COPING BEHAVIOR AT COMPREHENSIVE SCHOOLS AS A FACTOR OF PROFESSIONAL ACTIVITY**

**E.V. Balakshina<sup>1</sup>, R.N. Bashilov<sup>2</sup>, S.M. Bashilova<sup>2</sup>, A.V. Antonovsky<sup>3</sup>**

<sup>1</sup>Tver state technical university

<sup>2</sup>Tver state medical university

<sup>3</sup>Tver institute of ecology and Law

The questions in the field of teachers' social-psychological adaptation to the factors of the social environment and to the professional area are detailed analyzed in the article. The features of stress' coping is discussed and allocated in the scientific literature. As a result of empirical study are analyzed and identified the specific of coping teachers' behavior at comprehensive schools, the manifestation of resilience in the teaching activities, the probability of formation of neurosis and the realization of social support's resources.

**Key words:** teacher, teaching activities, adaptation, coping behavior, coulduse behavior, stress, resilience, social support, personal resources.

## **ORGANIZATION OF EDUCATIONAL ACTIVITY OF YOUNGER SCHOOLBOYS TAKING INTO ACCOUNT THEIR PSYCHOPHYSIOLOGICAL FEATURES**

**I.A. Barylyak**

Tver State University

The article presents the results of empirical research of the individual lateral profile of students. This paper analyzes the features of the organization of learning activities of students, taking into account psycho-physiological characteristics of children. The role of correctional and developmental activities, contributing to the efficiency and effectiveness of the students, taking into account the individual lateral profile.

**Keywords:** *lateral profile, hemispheric asymmetry, educational activity, physiological characteristics.*

## **STRESS RESISTANCE AND COMMUNICATIVE AGGRESSIVENESS**

## **OF SOCIAL WORKERS**

**O.O. Gonina<sup>1</sup>, V.B. Maklakova<sup>2</sup>**

<sup>1</sup>Tver state University

<sup>2</sup>Social rehabilitation center for minors in Konakovo district of Tver region

Presents results of a study of job stress level and stress social workers in connection with their level of communicative aggression. Analyzed the relationship of stress to social workers and spontaneous aggression, inability to turn the aggression on inanimate objects, reflected the tendency to aggression. Identified the relationship between occupational stress, stress resistance and communicative manifestations of aggressiveness of social workers.

**Keywords:** *social worker, occupational stress, stress, aggression, aggressiveness, communication aggressiveness.*

## **THE INVESTIGATION OF IDENTITY DYNAMICS OF DIFFERENT GENDER PARTICIPANTS**

**M.Y. Kuzmin**

Irkutsk State University

The problem of identity dynamics of the subjects of different gender and of the ages of primary school, adolescence and youth is analyzed. The author analyses the approaches to identity dynamics of males and females and the methods of its investigation existing in our and foreign psychology. According to the empiric investigation which was conducted using the sample of males and females of the ages of primary school, adolescence and youth the author comes to the following conclusions: the most substantial identity dynamics changes of both males and females take place at primary school age. It is proved that self-evaluation of females has decreased. It is proved that identity dynamics of females falls on gender component and of males – on education and ethnic components. The girls' interest to gender is kept and develops in future into family component and the interests of boys shifts into educational and ethnic identity.

**Keywords:** *identity, dynamics of identity, preschooler, adolescents, early youth.*

## **THE INTERNAL POSITION OF A SCHOOLCHILD AS THE BASIS OF THE EDUCATIONAL TRAJECTORIES CONTINUITY OF ELEMENTARY SCHOOL STUDENTS**

**D.V. Lubovsky**

Moscow State University of Psychology and Education

The problem of students' educational trajectories continuity in primary school is analyzed with the concept of the internal position of the schoolchild. Based on the data obtained by the author it is shown that the internal position of a schoolchild formed before the transition to school, becomes the basis for stability of learning motivation and higher academic performance. Based on the survey data of pupils 1 – 4 classes traced the characteristics of the internal position in the elementary school, assumptions about the prerequisites of reducing the personal significance of learning activity were formulated. Characteristics of the internal position of students during the transition to high school were analyzed, author proposed solutions to support the continuity of schoolchildren' individual educational trajectories.

**Keywords:** *internal position of the schoolchild, elementary school students, individual educational trajectory, continuity.*

## **PSYCHOLOGICAL CONTRACT SUBJECTS OF LABOUR AND SOCIAL CAPITAL COMPANIES**

**E.S. Rebrilova**

Tver State University

The article mentions the possibility of an empirical study of the relationship psychological contract labor entities, social capital and social capital of the individual organization. Theoretical approaches to the study of these phenomena is shown the practical value of the empirical results of this study is to develop innovative ways of managing organizations in the conditions of the existing financial deficit.

**Keywords:** *the social capital of the individual, the social capital of the organization, the psychological contract labor subjects.*

## **THE VALEOLOGICAL CLASSIFICATION OF HUMAN AGES AS THE BASIS OF HUMAN HEALTH EXAMINATION**

**Z.I. Tyumaseva**

Chelyabinsk State Pedagogical University

The article deals with the valeological classification of human ages. The article gives the characteristic of the ontogenetic crises, that are connected with the radical stage anatomic functional transmutation of organism. There have been analyzed the phylogenic health aspects as a constituent part of development. The ontological alignment of the problem examination has been built.

**Keywords:** *valeological classification, crisis, human adaptive potential, genealogy, ontogenesis, health.*

## **INFORMATION SYSTEM AS THE MEANS OF LEARNING THE MAIN EDUCATIONAL PROGRAM BY STUDENTS OF «STAFF MANAGEMENT DEPARTMENT»**

**E.S. Vaseva**

Nizhny Tagil state social pedagogical Institute  
(branch of Russian state vocational pedagogical University)

Here we have analyzed the information system as the means of creating conditions for successful memorizing of learning support materials which are delivered to the students of Staff Management Department. The configuration «Salary and Staff Management» of 1C:Enterprise program was offered as the multifunctional system. The samples of practical tasks which help to demonstrate the facilities of information system as a means of communication and knowledge systematization in the aspect of developing competences are given here. Each task is supplied with the alternate solutions in the configuration. The main conclusion is that it is of vital importance to use the information system of staff management not only as the subject study but also as the learning tool.

**Keywords:** *information system, configuration, State Educational Standard, main educational program, learning tool.*

## **MODERN MATHEMATICAL EDUCATION OF CHILDREN OF PRESCHOOL AGE**

**L.N. Galkina**

Chelyabinsk State Pedagogical University

The article considers the modern approaches to mathematical education of preschool children related subject-subject interaction between teacher and child, a change in the content of mathematics education, selection of modern educational technologies in process of teaching children mathematics.

**Keywords:** *mathematical development, the subject-subject interaction between teacher and child, the technologies of mathematics education.*

## **TEST ASSIGNMENT TO ESTABLISH THE CORRECT SEQUENCE IN THE COURSE OF ORGANIC CHEMISTRY**

**N.V. Ganina, V.I. Ivkin**

Moscow Technological University

The test task to establish the correct sequence according to some sections of the course in organic chemistry, with different difficulty levels. Job data can be used to control the level of knowledge and training of students and pupils in preparing for the exam. Topics covered: comparison of the reactivity of substances, the acidic properties of substances, the effect of substituents in the benzene ring on the reaction rate of substitution. The advantages of the use of tasks to establish the correct sequence in the course of organic chemistry for adaptation of students.

**Keywords:** *test, chemistry test, test task, test task to establish the correct sequence at the rate of organic chemistry, introductory cours, adaptation of students, assessment of knowledge, methods of teaching chemistry.*

## **TECHNOLOGY OF RECOGNITION OF RESULTS OF FORMAL AND INFORMAL EDUCATION**

**T.A. Golubeva, W.A. Ershov, I.D. Lelchitskiy**

Tver State Universety

The article describes international and domestic experience in the application of the credit system for the formation of linear and non-linear educational paths and recognition of learning outcomes in the process formal and informal learning.

**Key words:** *vocational education, learning outcomes, qualifications, system of credits, recognition of learning outcomes validation of learning outcomes.*

## **THE PRINCIPLES AND CONTENT OF SCIENTIFIC-METHODICAL SUPPORT OF INTRODUCTION OF CREDIT SYSTEM**

**T.A. Golubeva, I.D. Lelchitskiy, S.Y. Shcherbakova**

Tver State Universety

The article is devoted to the introduction of the credit system for the formation of linear and non-linear educational paths and recognition of learning outcomes in the framework of secondary vocational education on the basis of the international system ECVET.

**Key words:** *secondary vocational education, learning outcomes, qualifications, and credit system.*

## **CONCEPTUAL-PREDICTIVE MODEL OF THE INTERNATIONALIZATION OF VOCATIONAL EDUCATION**

**N.M. Zolotaryova**

Ministry of Education and Science, Moscow

The article presents a study of the conceptual and predictive models of internationalization of vocational education in the knowledge economy.

**Keywords:** *conceptual-predictive model, internationalization, globalization, professional education, secondary professional education, national economy, economy of knowledge.*

## **DYDACTIC-PSYCHOLOGICAL ASPECTS OF TEACHING OF WORD STRESS IN THE GERMAN LANGUAGE**

**I.S. Krestinskiy**

Tver State University

The article focuses on dydactic, methodical and psychological aspects of teaching of word stress in the German language as a component of practical phonetics course of the German language. The role and tasks of this subject in the course of practical phonetics are laid out. Methods of introducing rules and organising system of exercises to develop and master phonetic skills are described.

**Keywords:** *word stress, rhythm-syllable method, cognitivism, neobehaviourism.*

## **ACTIVE-REFLECTIVE APPROACH TO ORGANIZATION OF EDUCATIONAL PROCESS IN INSTITUTIONS OF GENERAL EDUCATION AT CLASSICAL UNIVERSITY**

**I.D. Lelchitskiy, T.A. Golubeva, W.A. Ershov, S.Y. Shcherbakova**

Tver State University

The article is devoted to the problem of formation of schoolchildren meaningful student positions through the implementation of activity-reflexive approach in the space of classical University.

**Keywords:** *active-reflective approach, learning activities, secondary education, apprenticeship, University.*

## **HIGHER EDUCATION INSTITUTION PROFESSOR NEW PARADIGM OF HIGHER EDUCATION, STRATEGIES OF EDUCATIONAL WORK**

**T.I. Rudneva, N.V. Solovova**

Samara State National Research University named after S.P. Korolev

Results of research of a higher education institution educational process quality problem are presented in the article. By means of sociological methods (self-assessment, expert assessment) experimental materials proving dependence of students' training quality in modern conditions of education reforming by formation of higher education institution professor method competence are received. The representativeness of the received scientific materials is confirmed by methods of mathematical statistics (correlation analysis).

**Keywords:** *higher education, quality of education, quality of training, methodological activity, quality of professor methodological activity, structure of methodological competence.*

## **THE DESTINY OF MAN AS AN INTERDISCIPLINARY PHILOSOPHICAL-PEDAGOGICAL RESEARCH AREA**

**A.V. Rukin**

Military Academy of Aerospace Defense named after G.K. Zhukov

The article discusses the importance of the integration of philosophy and pedagogy in the study human existence. The destiny of man is a process of formation of the important personal characteristics. These personal characteristics affect the formation of human destiny. They determine the meaning of personal existence.

**Keywords:** the destiny of man, person, human, individual, meaning of life, the fate of the human being as an object of study.

## THE USE OF COMPETENCE-ORIENTED TASKS IN EDUCATIONAL PROCESS OF THE UNIVERSITY

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The article focuses on the development and application of the system competence-oriented tasks in educational process of the University. Describes the structure of competence-oriented tasks, the model of competence-oriented tasks, the ratio of completeness of the system of competence-oriented tasks and a load factor of students.

**Keywords:** *competence-oriented task, the structure of the competence-oriented task model of the system of competence-oriented tasks, the ratio of completeness of the system of competence-oriented tasks, the ratio of the overload of students.*

## ADDITIONAL PEDAGOGICAL EDUCATION IN THE CONTEXT OF LIFELONG LEARNING

S.Y. Shcherbakova, I.D. Lelchitskiy, W.A. Ershov

Tver State University

The article focuses on the experience of implementing credit system for the formation of a non-linear educational paths and recognition of learning outcomes in the framework for teacher education.

**Keywords:** *continuing education, additional teaching, nonlinear educational trajectories, the system of credits.*

## ETHICAL THINKING TEACHER

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<sup>2</sup> Samara Branch of Moscow City Pedagogical University

The article explains that one of the possible ways of mastering the future teacher of creative potential of Russian citizens, represented by traditional values, is the formation of his ethical thinking; detected object ethical thinking teacher as a theory; reveals the social plan teachers ethical rationalizations; complemented by a scientific understanding of the reflexive goal-setting and the reflexive teacher's evaluative goal-setting teacher.

**Keywords:** *teacher, ethical thinking, category, ethical rationalization, reflexive goal setting, goal setting's value reflexive.*

## TEACHER'S MORAL REFLECTION

V.P. Bezdukhov

The paper studies a relevant for the modern society and education problem of developing students' morality in teacher's activity. The author shows that geopolitical processes as well as social and economic changes taking place in the world results in a person to appear in the situation of moral uncertainty. The paper grounds that humanity being a person's goal, others' goal is adequate to contemporary understanding of teacher's activity aimed at developing students' morality. The author presents multilevel character of teacher's moral reflection as a mechanism of moral choice and shows the inner connection between moral reflection levels and the purpose of knowledge functioning at such teacher's reflection levels. The paper shows the importance of two-way impact of a golden rule of morality in students' morality development, in normalization of their attitude to the world, to people, to themselves in moral and pedagogical interrelation.

**Keywords:** *morality, student, teacher, humanity, goal, moral reflection, moral and pedagogical interrelation, golden rule of morality.*

## **GAME ACTIVITY AS MEANS OF FORMATION OF A PROFESSIONAL POSITION OF STUDENTS - THE FUTURE TEACHER**

**E.N. Zalevskaya, O.K. Pozdnyakova**

Samara State University of Social Sciences and Education

The article raises the problem of formation of a professional position of students – future teachers, as a value-system of semantic relationships; substantiates that an effective means of formation of a professional position of the future teachers in the unity of its subjective and personal components of a gaming activity; provides evidence that the game activity there is a certain type of relationship, and determined the pedagogical aspect of the game, the essence of which lies in the relations arising in the game; substantiates that the inclusion of students in the play activity defines their relationship, forming the content of a professional position of future teachers.

**Keywords:** *student - the future teacher's position, professional position, game, game activity, the formation, attitude.*

## **FORMATION OF MORAL THINKING FUTURE TEACHERS IN THE COURSE OF STUDYING DISCIPLINE «PHILOSOPHY»**

**O.V. Nenasheva**

Samara State University of Social Sciences and Education

The article explains the importance of the problem of formation of moral thinking of the teacher, as an intellectual, mental activity, accompanying moral activity of the teacher, penetrating teaching activities in the course of the ethical situations, moral issues, the choice of values, taking the form of the motives of its educational activities to develop students' capacity for moral choice, to moral reflection. Disclosed possible discipline «Philosophy» in the formation of the moral thinking of students – future teachers. We present employment subject on which there is the mastery of students' knowledge about the concepts of morality that have value values, abilities, is the basis of the teacher of moral thinking. Examples of lectures and seminars on philosophy in which to isolate a matter of educational material, the development of which the students are provided with the expansion of the categorical framework of their moral thinking. Substantiates the efficiency of the classroom for ethical philosophy of dialogue as a method of forming the moral thinking of the future teachers.

**Keywords:** *teacher, future teacher, morality, thinking, moral thinking, values, studying*

*discipline, philosophy, ethical dialogue.*

## **ON THE RELATION BETWEEN CULTURE AND MORALITY IN THE CONTEXT OF MORAL EDUCATION STUDENTS**

**A.V. Guschina**

Murmansk Arctic State University

This article explains the importance of moral education in schools; It discloses that human morality, which is the source of moral experience, is inextricably linked with the culture; denotes the difference between morality and morality; at the levels of morality revealed ostensive function, mandatory, axiological forms of culture and form principles; It shows that creating a form of culture, one develops, improves and morality, thus enriching the cultural content of the activity; reveals the relationship between culture, serving as positive and having a positive pole of the world, in value, and morality associated with the alternative of good and evil; defined by the criterion of morality fall.

**Keywords:** *moral education, student, moral experience, culture, morality, forms of culture, function, moral decline criterion.*

## **MODEL OF FORMATION OF MORAL-VALUE POSITION OF STUDENTS – THE FUTURE SOCIOLOGISTS**

**S.V. Pupkov**

Ryazan State University named for S.A. Yesenin

The article presents the argument of the necessity of formation of moral-value positions of the student – the future sociologist and proved the importance of creating a model of the formation of such a position of students. The model of formation of moral-valuable position of students – the future sociologists and disclosed its structural components. Grounded content of the process of formation of moral-value positions of the student – the future sociologist and identify students' learning methods to ensure students grasp the content of cultural forms, which are stored as the experience of culture, experience, values, moral attitudes, moral experience. The directions of activity of the teacher of high school on the formation of moral and valuable position of students: ethics education, the formation of the students' experiences moral, valuable relations to the world, to people and to his logic, climbing the stairs of culture, organization of the work of students with cultural forms, the content of which is enclosed moral experience.

**Keywords:** *student, future sociologist, moral-value position, model, formation, value, culture.*

## **PATRIOTISM AS A COMPLEX PSYCHIC PHENOMENON AND THE WAY OF ITS FORMING IN MODERN RUSSIAN SOCIETY CONDITIONS**

**A.A. Shikun**

Branch of Russian State Social University in Klin

The article examines the civil society (object of study), personality and social groups, as a carriers of patriotism (subject of study), made the analysis of the concept of «patriotism» as a complex psychic phenomenon, which consequentially undergoes a series of transformations in the conscious of mature personality, as a result, becoming one of the main features of the character (purpose of the study). The article also states author's opinion on ways of developing adequate level of patriotism of the rising generation in the state program of Russia's civil society (the novelty and results of study).

**Keywords:** *patriotism, patriotic consciousness, levels of patriotism, patriotism formation in modern Russia.*

## **PSYCHO-PEDAGOGICAL AND LEGAL ASPECTS OF CRIME PREVENTION, CARRIED OUT DURING OPERATIONAL-INVESTIGATIVE ACTIVITY OF INTERNAL AFFAIRS AGENCIES**

**P.V. Barsukov**

Linear Russian Ministry of Internal Affairs Department at the station. Tver MOI of Russia for the Central Federal District

Posed the problem of the lack of regulation and scientifically based methods of the operational-preventive effects on those who are likely to commit crimes. Based on the analysis of available research results in education concluded that the need for their use in the theory of operational and investigative activities, and in the future - the development of new techniques in the field of operational and investigative prevention scientists and educators.

**Keywords:** *operatively-search activity, education, crime prevention, methods of operative-preventive effects.*

## **TYPES OF PROFESSIONAL RESPONSIBILITY ON THE EXAMPLE OF BUILDING COMPANY**

**O.O. Gofman**

Geostroy Company, Saint-Petersburg

The aim of this study was to examine the responsibility of workers of constructional occupations, its value-semantic and situational (subjective representations of past, present and future crisis and difficult situations) determinant from the positions of the subject-resource approach. Identified three types of professional responsibility: involved, operational, managerial. The results of this research can be used in the practice of forming working teams, project teams, on the basis of psychological types of professional responsibility in constructing of adaptation programmes to prevent and overcome professional stress in situations of organizational crisis, changes or uncertainties, in particular, to create training programs for the development of subject-personal resources.

**Keywords:** *the resource-based approach, professional responsibility, involved, operational, managerial types, responsibility components.*

## **MODEL REMEDIAL DEVELOPMENTAL WORK ON THE FORMATION OPTICAL MNESTICHESKIMI PREREQUISITES FOR LEARNING TO READ IN CHILDREN WITH MENTAL RETARDATION**

**O.A. Dmitrieva**

Krasnoyarsk State Pedagogical University named after V.P. Astafieva

The article discusses some of the features of mastering reading process, levels of formation of fiber-mental prerequisites for learning to read children of preschool age with mental retardation, the main directions of the organization of correctional and developmental work on the formation of fiber-mental prerequisites for learning to read children of preschool age with mental retardation.

**Keywords:** *opto-mnesticheskie background, preschool children, mental retardation, circuit modules and components of correctional and developmental work, preparation for learning to read preschoolers, correction of speech and non-speech processes in preschool*

*children with mental retardation.*

## **EMOTIONAL REGULATION OF MOTHERS RAISING CHILDREN WITH BURN INJURIES**

**D.V. Dovbysh**

Lomonosov Moscow State University  
I.M. Sechenov First Moscow State Medical University

The article analyzes the approaches to the understanding of the term «emotional regulation». Presents two main classifications of emotional regulation strategies according to John. Gross and H. Garnefski also describes unconscious strategy and functions of emotional regulation. Describes the most popular strategies of emotional regulation in mothers of hospitalized children who received burn injury. Maintain acute relevance of such studies and the importance of further study of the regulation strategies of parents in a situation of a child's illness.

**Keywords:** *emotional regulation, emotional regulation strategies, cognitive strategies of emotion regulation, burn injury.*

## **THE IMPACT OF MODERN SOCIETY ON TRANSFORMATION OF VALUE ORIENTATIONS OF STUDENTS**

**O.V. Orobinskaya**

Belgorod State Institute of Arts and Culture

The article highlights the problems of modern society in the transformation of value orientations of students. The author examines the personality types, depending on their value orientations, analyzes case studies on the issue. The article presents analysis of the test conducted by the author on the Rokeach method – «Value orientation».

**Keywords:** *value orientation, personality types, students, society.*

## **CONCEPTUAL BASES OF PSYCHOLOGICAL STUDIES OF THE PHENOMENON OF SELF-DETERMINATION**

**E.Yu. Pochtaryova**

Urals State Pedagogical University, Yekaterinburg

The article discusses the concept of «Self-determination» from the standpoint of the existing scientific concepts of psychology. It is shown that the Self-determination performs an integral role, linking the internal orientation of the personality and the ability to its realization outside. The meaning of self-determination in the system of internal and external communications processes determination of the individual.

**Keywords:** *agent, self-determination, freedom, responsibility, choice, self-regulation, activity, reflection, awareness.*

## **THE EMOTIONAL INTELLIGENCE AS A RESOURCE OF ORGANIZATIONAL STRESS IN PROFESSIONAL ACTIVITY OF MANAGERS OF TOURISM**

**E.A. Stolyarchuk**

The organizational stress is a manifestation of the ever-increasing problems related to the professional activity of managers of tourism. The empirical research to study the relationship of emotional intelligence with organizational stress in professional activity of future tourism managers. Managers of tourism has a low level of emotional intelligence

and high level of organizational stress. Development of emotional intelligence, awareness, management of emotions, emotions and feelings of other people reduces organizational stress and can act as the resource for overcoming.

**Keywords:** *resource, emotional intelligence, organizational stress, awareness of feelings, managing feelings.*

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