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PSYCHOLOGICAL DETERMINANTS OF QUALITY OF LIFE OF UNIVERSITY STUDENTS

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The article analyzes the problem of the quality of life of student youth. A summary of the approaches of domestic and foreign researchers on a given topic is given. Indicators of human quality of life are given depending on the significance of objective and subjective characteristics of human life. The specifics of the diagnosis of the explicability of the quality of life are described. The results of a psychodiagnostic examination of university students are presented for the main components of the phenomenon we are considering (subjective control factors, meaningful orientations, decision-making features, quality of life parameters).

Keywords: *quality of life, personality qualities, life satisfaction, personal experience, subjective well-being.*

ANALYSIS OF FACTORS AFFECTING THE MENTAL STATE OF PEOPLE LIVING IN THE TERRITORY OF ARMED CONFLICT

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The article presents the results of a study of factors affecting the mental state of civilians in the Donetsk and Luhansk People's Republics during the armed conflict. The aim of the work is a comparative analysis of the factors affecting the mental state of men and women of different age groups living in the territories of armed conflict with varying degrees of intensity of hostilities. The paper analyzes the main domestic and foreign approaches to the study of the mental states of various categories of the population in complex, extreme conditions of life. The main methods were individual interviews and the author's questionnaire survey, the questions of which are grouped into the following blocks: threats to life, health, economic, socio-political; social, psychological factors. It is concluded that the civilian population living in the zone of armed conflict is affected by various factors, which can lead to significant psychological changes.

Keywords: *mental state, stress factors, civilians, the degree of intensity of hostilities, armed conflict.*

PSYCHOLOGICAL WELL-BEING OF THE PERSON IN THE INCLUSIVE EDUCATIONAL SPACE

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Theoretical and methodological materials are presented that reveal the phenomenon of the psychological well-being of the individual. It is shown that the psychological well-being of a person (a child in particular), his self-esteem and, accordingly, the emotional state is associated with the phenomenon of "acceptance", the factor of inclusion (compatibility), the factor of psychological health and the factor of success of achievements. It is emphasized that changes in the educational inclusive environment, first of all, should be aimed at creating the necessary conditions for a careful

attitude to the psychological health of the subjects of the educational process as a backbone factor of psychological well-being. It is noted that the success factor of achievements is for children (especially children with disabilities) an important basis for personal development, support for the emotional state necessary for overall mental development. Achieving the psychological well-being of an individual in an inclusive educational space is an integral part of the development of the education system, on the one hand, and a natural consequence of social changes taking place in society, on the other.

Keywords: *psychological well-being, inclusive education, psychological health, positive psychology, positive pedagogy.*

AUTONOMY AND SELF-DETERMINATION IN THE STRUCTURE OF PERSONALITY'S SELF-ACTUALIZATION

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The article presents a study of autonomy and self-determination in the structure of personality self-actualization. The aim of the study was to study the influence of autonomy and self-determination on the self-actualization of the individual. The object of research is autonomy and self-determination as psychological phenomena. Based on the results of an empirical study in which 280 students of 1-5 courses took part, using statistical analysis (calculation of the Pearson correlation coefficient, factor analysis and Student's T-test for disconnected samples), the influence of autonomy and self-determination on self-actualization of personality was substantiated. The positive influence of autonomy and self-determination on the self-actualization of the personality and its individual indicators (self-acceptance, ability to manage time, acceptance of aggression, cognitive needs, etc.) has been experimentally proven.

Keywords: *autonomy, self-determination, self-actualization, self-determination, self-management ability, meaning of life.*

GENERALIZED SCHEME OF WORK OF THE PSYCHOLOGIST WITH LEGAL PROFESSIONALS WITH AND WITHOUT NEUROTICIZATION MARKERS

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The problem of psychological support of professional activity and professional development of a specialist in the field of jurisprudence is studied. The professional health of legal specialists, targets of practical work of the psychologist with the specialist having markers of neuroticism and not having such markers are investigated. A generalized scheme of work of a psychologist with a subject of professional activity in the field of jurisprudence is offered. Field of application - providing an effective system of support for professional lawyers in the Russian Federation. The novelty of the study lies in the identification, systematization, and structuring of the targets of psychologist's work with legal professionals, with and without neuroticization markers, based on a system of selected criteria.

Keywords: *perfectionism, procrastination, urgent addiction, emotional burnout, psychological support of the expert, professional health, the expert in jurisprudence, a psychological condition of*

the subject of labor, markers of neurotization.

PSYCHOLOGICAL SUPPORT OF PEDAGOGICAL EMPLOYEES' PROFESSIONAL ACTIVITIES IN NEW SOCIAL CONDITIONS

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The article is devoted to the consideration of the psychological support of the teacher's professional activity of in the new social conditions associated with the COVID-19 pandemic. Such psychological concepts as professional deformation of the personality, psychological readiness for innovative activity, psychological culture, universal and general professional competencies are defined and precised. Based on the analysis, a conclusion is made about possible ways to prevent the personal professional deformation of pedagogical workers in order to minimize social risks and improve the quality of work.

Keywords: *psychological support, personal professional deformation, social risks, prevention, psychological culture, teaching staff, innovative activities, new social conditions.*

PSYCHOLOGIST IN REHABILITATION: FEATURES OF PSYCHOLOGICAL SUPPORT OF PATIENTS AFTER CEREBRAL STROKE

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The main approaches to setting goals for the psychological rehabilitation of patients with cerebral stroke are highlighted. The specifics of the rehabilitation of patients in a hospital are considered. A variant of a short-term and qualitative assessment of the perception of the disease in patients with cerebral stroke is proposed. As psychodiagnostic tools, the "Short Questionnaire for the Perception of the Disease" (V.M. Yaltonsky et al.) and "The Questionnaire for Self-Assessment of the Social Significance of the Disease" by A.I. Serdyuk.

Keywords: *rehabilitation, psychological support, stroke, cerebral stroke, perception of the disease.*

MOTIVATION OF SUVOROVITES' LEARNING ACTIVITY AS THE BASIS FOR THE SUCCESS IN CHOOSING A FUTURE PROFESSION

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The main factors that determine the choice of a profession and motivation for educational activities by students of pre-university institutions of the Ministry of Defense of the Russian Federation are studied. The results of an empirical study of the leading motives of the educational activity of Suvorov students according to the method of V.V. Meletichev, in which five groups of motives are distinguished: social, cognitive, professional, personal and motives of social identification.

Keywords: *motives of educational activity, motivation, educational motivation, professional choice, success in choosing a profession.*

PROBLEM OF THE INTERCULTURAL COMPETENCE FORMATION TRAINED IN MODERN SCIENTIFIC AND PEDAGOGICAL RESEARCHES

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The article actualizes the problem of students' intercultural communicative competence formation. Based on the scientific and pedagogical literature analysis, the authors systematize the main categories of pedagogical activity in this area and differentiate the concepts of intercultural communicative competence and intercultural competence. The authors define the directions of the productive organization of the process of formation of intercultural communicative competence of students.

Keywords: *education, pedagogy, intercultural communicative competence, intercultural competence, competency-based approach.*

SELF-CONTROL AS A CONDITION OF MOTIVATION DEVELOPING WHEN LEARNING A FOREIGN LANGUAGE

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The article is devoted to the problem of self-control in learning a foreign language in professional activity in a non-profile university. The possibilities of motivation development in the process of applying various methods of self-control are shown, the concept of "self-control" is analysed, the main principles of self-control classification are presented. Based on the analysis of methodological research and own pedagogical experience, self-control techniques for in-class and out-of-class activities are described, which allow stimulating the development of intrinsic motivation due to increased interest in learning the discipline in the course of performing tasks aimed at finding an answer or solution.

Keywords: *self-control, intrinsic motivation, extrinsic motivation, self-control classification, autonomous learning.*

INTELLIGENT GAME IN SUBJECT EDUCATION

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The features of the organization and conduct of intellectual games are considered, using the example of their inclusion in the process of teaching higher mathematics in a technical university. The psychological and pedagogical principles, functions and goals of the game are determined. The main components of the author's version of the game «We are not the weak link» are presented, a technological map has been drawn up, including the stages: organizational, implementation, final and reflection stages. Supported by pedagogical practice, the methodology and its variations are proposed to enrich the spectrum of active gaming forms of building educational interactions with students.

Keywords: *active forms of education, gaming technologies, competitiveness, methodology, education.*

METHODOLOGICAL BASES OF TEACHING CHINESE TO SCHOOLCHILDREN

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Intercultural similarities and differences in the linguistic and cultural picture of the world of Chinese and Russian students and their influence on the selection of the content of teaching Chinese as a foreign language are analyzed. The issues of the content of intercultural teaching of Russian schoolchildren to the Chinese language in the digital educational space are considered. The following methods were used in the article: theoretical analysis, comparison, synthesis, study and generalization of teaching experience. The concept of «intercultural digital learning» is being clarified. The practical significance of the study lies in the focus of its results on highlighting the typology of digital teaching exercises for Russian schoolchildren in the Chinese language.

Keywords: *methodological foundations, teaching Chinese, Russian schoolchildren, teaching methodology, typology of digital learning exercises.*

STRATEGIES FOR OVERCOMING NEGATIVE EMOTIONAL STATES DEPENDING ON THE CIRCUMSTANCES OF LOSS OF A LOVE PERSON

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The main content of the concepts «coping-strategy», «types of coping-strategies» is considered; strategies are identified that determine overcoming negative emotional states depending on the circumstances of the loss of a loved one. The results of empirical research are presented. strategies for overcoming negative emotional states, depending on the circumstances of the loss of a loved one. As a research toolkit, the following methods were used: «Coping with life's difficulties» by R. Lazarus, the method of thematic analysis of interviews by N.P. Busygina, the questionnaire «Dominant emotional states» by L.A. Rabinovich. The analysis of statistical data, Spearman's correlation analysis. Comparative analysis of the groups was carried out using the Mann-Whitney test. The results were processed using the program (SPSS Version), as well as a qualitative analysis of the interview.

Keywords: *coping strategies, coping strategies, experiencing loss, coping, negative emotional states, death, a loved one.*

MAIN TRENDS IN THE DEVELOPMENT OF SOCIAL WORK IN THE POST-MODERNIZATION PERIOD: DYNAMICS FROM 2004 TO 2019

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The article is devoted to the analysis of the development of social work in the context of the

modernization of the social protection system from 2004 to 2019. The process of post-modernization of the social sphere in the Russian Federation was associated with a number of systemic problems in the development of a new democratic statehood. During this period, trends in the deinstitutionalization of state institutions of social protection begin to take shape in the domestic system of social protection of the population, conditions are created for connecting other actors such as civil society, such as non-profit and confessional associations, to this segment of activity. The article provides an analysis of the study conducted in the territories of the federal districts in 2016, which showed the most popular services among traditional socio-medical and social labor services. The confessional direction of social work contributed to the design of clinical discourses of the practice of domestic social work.

Keywords: *social work, social protection, philosophy of assistance, confession, post-modernization, paradigmatic changes.*

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