

*Scientific Journal*

*Founded in 2006*

Registered by the Federal Service for Supervision of Communications,  
Information Technology and Mass Media  
PI № ФC77-61037 of March 5, 2015

**Translated Title:**

Herald of Tver State University. Series: Pedagogy and Psychology

**Founder:**

Federal State Budget Educational Institution  
of Higher Education  
«Tver State University»

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## MANIFESTATION OF SELF-DETERMINATION IN UNIVERSITY STUDENTS WITH DIFFERENT LEVELS OF SELF-REALIZATION

**T.V. Borzova<sup>1</sup>, E.S. Plotnikova<sup>2</sup>**

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The article is devoted to the study of personality self-determination and its manifestation in self-realization of students. The subject of the research is the manifestation of self-determination among university students with different levels of self-realization. As a result of the empirical study, which involved 280 university students, factor structures of self-determination were determined in subjects with harmonious, adaptive, inert and irrational levels of self-realization. The parameters of self-determination that ensure the success of self-realization are represented by the following aggregate (in order of importance): 1) the meaningfulness of life; 2) a person's confidence in having a choice (autonomy) and a sense of life's correspondence to desires (self-expression); 3) the presence of a subjective model of the desired result (goal-setting), the ability and ability to evaluate the achieved result (evaluation criteria); 4) the ability to self-government.

**Keywords:** *self-realization, self-determination, personality, ability to self-government, meaningfulness of life, level of self-realization, personality autonomy, self-expression, determinants of self-realization, psychology of adolescence.*

## MECHANISM OF MOBILIZATION OF COPING BEHAVIOR RESOURCES: AGE AND GENDER ASPECTS

**I.V. Kazakova**

Omsk State Pedagogical University, Omsk, Russia

Mechanisms of mobilization of coping behavior resources in male and female samples during adolescence are investigated. As a result of empirical research the dynamics in dominance of coping behavior resource mobilization mechanisms from early adolescence to late adolescence

was revealed; the predominant mechanisms of coping behavior resource mobilization in boys and girls were determined.

**Keywords:** *coping behavior resource mobilization mechanism, age-gender differences, regulation, gender, adolescence.*

## **PSYCHOLOGICAL ASPECTS CONTROL ACTIVITY MANAGEMENT**

**M.A. Voytikova, V.F. Shnaider**

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The article presents the results of an empirical study of the psychological aspects of control activity management. The main method of research was the survey of managerial personnel with experience in monitoring and managing control activities. The peculiarities of the attitude to external and internal control in the organization, the relations that develop between the subjects and objects of control, the level of their competence and conflict are revealed. The general characteristics of conflicts arising in the implementation of control activities are determined. Psychological features of control activity management, as well as personal and professional qualities and skills necessary for the subjects of control activity management to ensure its effectiveness are determined. It has been experimentally proved that the implementation of any type of control activity requires effective management, mandatory consideration of psychological factors affecting control and management.

**Keywords:** *control, control activity, subjects of control activity, objects of control activity, interactions in control activity, control activity management, psychological deformation, negative expectations and conflicts.*

## **THE CONTENT OF THE PSYCHOLOGICAL COMPETENCE IN YOUTH SPORTS IN THE ASPECT OF PSYCHOLOGICAL PREPARATION OF ATHLETES**

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The article shows the importance of psychological training of young athletes. The psychological readiness of an athlete for competitive activity is discussed. The main directions of psychological training of athletes are highlighted and the main components of the psychological competence of coaches are presented, from the point of view of the possibility of their psychological training of athletes.

**Keywords:** *psychological preparation of athletes, coach, psychological competence.*

## **THE PROBLEM OF ABILITY FOR BUSINESS**

**A.V. Posokhova**

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The article presents the results of a theoretical analysis of the problem of entrepreneurial ability. The definition of the entrepreneurial ability is substantiated. It is shown that it is a complex private ability with an integrative nature and systemic properties. The psychological structure of entrepreneurial ability is determined, approaches to its psychological diagnostics are

described.

**Keywords:** *personality, abilities, entrepreneur, entrepreneurial activity, competitiveness.*

## **STUDY OF PERSONAL FEATURES OF WOMEN IN SITUATION EXPERIENCES OF GRIEF**

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The features of psychoemotional states of women experiencing situations of grief are considered. The importance of psychological support in the course of grief as a condition for the prevention of depressive states is substantiated. Empirically significant gender and age patterns have been identified that contribute to an increase in the adaptive capabilities of women in a situation of grief. Resources for overcoming negative, destructive effects of mourning are identified.

**Keywords:** *personality traits, psychoemotional states of women, gender and age characteristics of grief.*

## **RESEARCH OF TRENDS OF TEACHER'S SOCIAL AND PSYCHOLOGICAL MALADJUSTMENT DEPENDING ON THE TYPE OF SELF-IDENTIFICATION**

**T.A. Busygina**

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Analyzes the problem of the relationship between the teacher's professional identity and maladaptive tendencies that stand in the way of professional development. An empirical study reveals the relationship between the type of teacher's identification and factors of the teacher's social and psychological maladjustment that affect job satisfaction, such as self-acceptance, emotional comfort, and internality.

**Keywords:** *professional identity, professional self-awareness, social and psychological maladjustment, professional development.*

## **MECHANISMS OF PROFESSIONAL SELF-DETERMINATION IN THE PROJECT «PROFESSIONAL ENVIRONMENT»**

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The article presents the mechanisms of professional self-determination used in the project «Professional Environment». The main stages and components of professional self-determination are considered, such as actualization of the topic of choosing a profession, making a professional test, collecting information on the direction, studying oneself, immersion in the professional direction, features of age, demand for professions, reflection. The authors reveal the mechanisms and technologies of professional self-determination implemented in this project.

**Keywords:** *career guidance, schoolboy, teenager, professional self-determination, professional test, project «Professional environment».*

## **THE STUDY OF STUDENTS' MOTIVATIONAL INVOLVEMENT IN EDUCATIONAL ACTIVITIES BASED ON A DIGITAL FOOTPRINT**

**M.A. Krylova**

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The article presents the experience of analyzing a student's digital footprint from the point of view of identifying the degree of motivational involvement in educational activities in the electronic educational environment of the university. The parameters for assessing motivational involvement were the degree of awareness of the motive, its strength and stability, the emotional fullness of the motive, the motivation for action proposed by N.L. Karpova. The digital trace data were selected from 1) words and phrases that directly speak about the attitude to the activity performed, 2) questions to the teacher on the content, 3) the facts of using punctuation marks to express expression, emoticons, emojis, gifs, pictures, 4) the fact of having an avatar as the most general expression of attitude to this activity, as well as 5) the originality of the way the task is performed, 6) the inclusion of additional material not provided for by the task, 7) the percentage of originality with the help of the anti-plagiarism program and 8) the fact of completing the task on time. To analyze the digital footprint, only the data of the student's activity in the electronic educational environment of the university was used, without the involvement of data from social networks

**Keywords:** *motivational involvement, level of motivational involvement, awareness, strength, stability, emotional fullness of motive, electronic educational environment of the university, digital footprint.*

## **TOLERANCE IN THE CONTEXT OF INCLUSIVE EDUCATION**

**S.N. Makhnovets**

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Theoretical and methodological materials revealing the polymetasystem status of inclusive education are presented. The criteria (criterion of specificity, criterion of significance) for selecting the most significant «components» in terms of the overall organization of educational activities in inclusive education are determined. Semantic dominants of tolerance are presented. It is shown that the psychological well-being of a person (especially a child), his self-esteem and, accordingly, emotional state is associated with tolerance, the phenomenon of «acceptance» and the factor of inclusion (compatibility) in activity.

**Keywords:** *inclusion, inclusive education, tolerance, semantic dominants, personality, society, joint activity.*

## **FACTORS OF ANXIETY AND SOCIO-PSYCHOLOGICAL ADAPTATION OF MODERN ADOLESCENTS IN THE EDUCATIONAL ENVIRONMENT**

**A.S. Raspopova, E. I. Berilova, Y.M. Bosenko**

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Anxiety is an urgent area of research in the conditions of uncertainty that give rise to the phenomena of maladaptation. The purpose of the study: to identify the factor structure of anxiety and socio-psychological adaptation of modern adolescents. Research objectives: to identify the level of anxiety and socio-psychological adaptation, to establish the factor structure of these phenomena and the relationships between them. Methods of psychological diagnostics

aimed at identifying the level of anxiety and parameters of socio-psychological adaptation, methods of mathematical statistics were used. 76 people took part in the study, including 35 boys and 41 girls. The age of the subjects was 13-16 years. It was revealed that the parameters of socio-psychological adaptation act as factors for the development of anxiety, especially in situations related to school education. Gender differences in sensitivity to stressful factors of the school environment have been established. The results of the study can be used in the practice of the school psychological service to take into account risk factors for the development of adolescent anxiety, prevention of psychological distress of adolescents.

**Keywords:** *anxiety, adolescence, socio-psychological adaptation, factor structure, school anxiety.*

## **CRITERIA AND INDICATORS OF THE EFFECTIVENESS OF THE FORMATION OF THE ANTI-CORRUPTION POSITION OF STUDENTS OF EDUCATIONAL INSTITUTIONS OF HIGHER EDUCATION**

**S.V. Okhapkin**

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The article examines the significant personal qualities necessary for law-abiding behavior in a corruption-significant situation, gives a meaningful description of the terminological construct «anti-corruption position», presents the criteria for the process of its formation.

**Keywords:** *anti-corruption education, anti-corruption position of the individual, value-semantic component, socio-intellectual component, emotional-evaluative component, behavioral component, anti-corruption values.*

## **THE GENESIS OF TOLERANCE TO PERSONS WITH DISABILITIES**

**E.V. Prikhodko**

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Presents a theoretical analysis of the problem of forming tolerance to persons with disabilities in the aspect of the development of the institution of civil society. The modern interpretation of the concepts of tolerance and handicapism is given. The stages of the evolution of the state and society's attitude to children with disabilities are considered.

**Keywords:** *tolerance, handicapism, persons with disabilities.*

## **DEVELOPMENT OF THE ISSUE OF EDUCATION OF SOCIAL ACTIVITY OF MILITARY PERSONNEL IN THE MIDDLE OF XX century (1960s – FIRST HALF OF THE 1980s)**

**L.N. Farafonova**

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The article defines the significance of the theoretical legacy of the 1960s - the first half of the 1980s. to educate the social activity of the modern serviceman. As a result of the analysis of pedagogical works in general and military pedagogy, the following are presented: the pedagogical content of the social activity of a serviceman, its structure, stages, a model of educating the social activity of a serviceman, as well as requirements for the implementation of the process of educating the social activity of a serviceman.

**Keywords:** *education, Armed Forces, military personnel, state order, personality qualities, social activity.*

## **INDIVIDUAL AND COMPARABLE STANDARDS OF ASSESSMENT IN THE PROFESSIONAL ACTIVITY OF A TEACHER**

**N.A. Fedorova, O.O. Kopkareva**

Tver State University, Tver, Russia

The pedagogical expediency of expanding the range of evaluation tools in the professional work of a teacher, activating the internal potential of students and enhancing their motivation in teaching, is substantiated. As an example of evaluation activity, the method of using two evaluation scales is given: individual and comparable standards. Each of the two types of standards has its own purpose in the pedagogical process: determining the quality of mastering the basic educational programs, identifying the propensities of students to study individual academic disciplines for successful professional self-determination, the presence or absence of individual success in learning and individual development, dynamics in the development of academic disciplines. Possible combinations of these scales are considered, their contribution to the final assessment of the student's educational activity is determined.

**Keywords:** *assessment scales, individual and generally accepted assessment standards, internal changeable factors-efforts, individual success situation, failure avoidance situation, student's position in the educational process, professional behavioral style of the teacher.*

## **COMPARING DUAL EDUCATION AND WORK-BASED LEARNING IN THE RUSSIAN CONTEXT**

**N.N. Bedenko, D.I. Mamagulashvili, S.V. Chegrintsova,  
A.V. Borodina, I.Ye. Mamitova**

Tver State University, Tver, Russia

The paper aims to compare the dual education and the work-based learning models in the Russian context building on the basic characteristics of the types and forms of education as compared with traditional forms. The constantly growing requirements of the contemporary labor market have been shaping prerequisites for the active transition from the traditional forms of education to the innovative ones. As a result, the educational system, including the higher education, is being substantially modified. Having analyzed, generalized and compared the innovative learning models, their advantages have been revealed as compared with traditional ones. The research outcomes can be successfully implemented when developing educational programs with innovative forms and models of education.

**Keywords:** *dual education, WBL – education combined with work, traditional and innovative forms of education.*

## **EDUCATION AS THE BASIC ASPECT OF THE THIRD MISSION OF THE HIGHER SCHOOL**

**E.V. Borisova**

Peter the Great Military Academy of Strategic Rocket Forces, Balashikha, Russia

The article is devoted to the issues of educational impact on a young person, creating conditions

for his self-development in the university environment. The tasks, resources and methods of educational efforts of teachers are determined. The positive experience of using the methods of educational work is presented.

**Keywords:** *student, personality, methods of education, educational potential.*

## **ORGANIZATION OF INDEPENDENT WORK WITH DISTANCE LEARNING FOREIGN LANGUAGE**

**M.S. Zavyalova**

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The basic concepts of the research are considered, the tasks of independent work are formulated and the conditions for its effective organization within the framework of distance learning are determined. The experience of organizing independent work in mastering the main professional educational program in the discipline «Foreign language in professional activity» is described, the types of independent work, methodological recommendations for their implementation, developed by the teachers of the department "Foreign languages and speech culture" are given. The proposed set of tasks for independent work can be applied at various stages of teaching a foreign language in specialized and non-core universities.

**Keywords:** *independent work, distance learning, pedagogical conditions, types of independent work.*

## **PEDAGOGICAL CONDITIONS OF CONTINUITY IN THE FOREIGN LANGUAGE SPEECH ACTIVITY DEVELOPMENT OF MASTER'S AND POSTGRADUATE STUDENTS**

**N.V. Ryapolova**

Sary Oskol Technological Institute named after A. A. Ugarov branch of National University of Science and Technology «MISIS», Sary Oskol, Russia

The article analyzes the continuity as the basis for the effective development of foreign language speech activity of undergraduates and postgraduates. An analysis of the of university teachers experience in the development of foreign language speech activity of students is presented. A retrospective analysis of my own pedagogical activity as a teacher has been carried out. The definition of continuity in the development of foreign language speech activity of undergraduates and postgraduates as a general pedagogical principle is given. Within contextual learning three forms of organization of foreign language teaching and speech activity of undergraduates and postgraduates have been identified and their role in the formation of professional thinking has been analyzed.

**Keywords:** *pedagogical conditions, continuity, the foreign language speech activity development, contextual orientation, simulation, the professional speech communication situation, cognitive motivation.*

## **THE IDEA OF ORTHODOX CULTURE AS A CONCEPTUAL BASIS FOR EDUCATION OF V. ZENKOVSKY'S PEDAGOGY**

**Yu.S. Bliznetsova**

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The essential characteristic of the idea of Orthodox culture as the basis of the religious substantiation of V. Zenkovsky's pedagogy is represented through a retrospective analysis. The pedagogical principles are defined and characterized in the context of the idea of Orthodox culture: integrity, freedom, conciliarity. On the basis of these principles, the relationship between the pedagogical and religious-cultural views of the scientist has been established. The principle of integrity determines a person's moral search for cultural values. On the basis of the principle of freedom, the need to educate a free personality and build a system of culture as free creativity is affirmed. By means of the principle of collegiality, the necessity of the churching of a personality as the meaning of the process of education and churching of life for the construction of a system of Orthodox culture has been substantiated.

**Keywords:** *the idea of Orthodox culture, Christian-anthropological concept of education, pedagogical principles, Orthodox education, churching of pedagogy.*

## **MULTI-DIMENSIONAL APPROACH TO THE FORMATION OF META-SUBJECT COMPETENCIES IN THE BASIC SCHOOL**

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The article reveals the essence of a multidimensional approach to the process of forming metasubject competencies, identifies the structural components of metasubject competencies and technologies that help to increase the level of formation of metasubject competencies in general school. The results of experimental work, which was carried out to test the effectiveness of using a multidimensional approach to the design of the educational process, aimed at the formation of general school students' metasubject competencies are presented.

**Keywords:** *multidimensionality, multidimensional approach, metasubject competencies, formation of metasubject competencies, educational technologies.*

## **PEDAGOGICAL DIAGNOSTICS OF SOFT SKILLS AS A CONDITION OF PROPAEDEUTICS OF PROFESSIONAL SELF-DETERMINATION OF YOUNGER SCHOOLCHILDREN**

**E.A. Kuchina**

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The concept of soft skills is considered, a group of flexible skills of younger schoolchildren is highlighted. The criteria and levels of diagnostics of future first-graders, a diagnostic complex for pedagogical diagnostics of flexible skills of younger schoolchildren are presented. The theoretical characteristics of the stages of pedagogical diagnostics of soft skills in the context of the requirements of the Federal State Educational Standard are substantiated. According to the results of the study, the effectiveness of the use of pedagogical diagnostics of flexible soft skills as conditions for the propaedeutics of professional self-determination of the younger ones is shown.

**Keywords:** *flexible skills (soft skills), a group of flexible skills, professional self-determination, propaedeutics of professional self-determination of younger schoolchildren, pedagogical diagnostics of the level of development of flexible skills of younger schoolchildren.*

## **STRATEGIES FOR OVERCOMING NEGATIVE EMOTIONAL STATES IN A SITUATION OF LOSS OF A LOVE PERSON**

**A.S. Malyutina**

Moscow State Psychological and Pedagogical University, Moscow, Russia

The main content of the concepts «coping-strategy», «self-regulation», «types of coping-strategies» is considered; identifies the conditions that determine the overcoming of negative emotional states in a situation of loss of a loved one, and the specificity of experiencing the loss of a loved one. The results of empirical research are presented, strategies for overcoming negative emotional states in a situation of loss of a loved one. As a research toolkit were used: methodology «Coping with life's difficulties» by R. Lazarus, questionnaire «Style of self-regulation of behavior» by V.I. Morosanov, method of thematic analysis of interviews S. emotional states L.A. Rabinovich. The analysis of statistical data, Spearman's correlation analysis. The processing of the results was carried out using the program (SPSS Version), as well as a qualitative analysis of the interview.

**Keywords:** *coping strategies, coping strategies, experiencing loss, self-regulation, negative emotional states, a loved one.*

## **COPING STRATEGIES OF FOREIGN STUDENTS**

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The purpose of the presented study is to identify differences in coping strategies among foreign students. The respondents were foreign students from India, China, Arab countries, CIS countries, who are currently studying at Russian universities. The methodological toolkit included the Strategic Approach to Coping Scale (SACS) questionnaire. During the study, it was revealed that foreign students use a pro-social coping strategy, which manifests itself in the search for social support. We found differences in using other coping strategies among different foreign students.

**Keywords:** *adaptation to the educational space, foreign students, coping strategies, strategies for coping with stress.*

## **COMPARATIVE ANALYSIS OF RUSSIAN LANGUAGE TEXTBOOKS IN WHICH CHINESE STUDENTS ARE TRAINED IN RUSSIA AND IN CHINA (INITIAL STAGE)**

**Yusufu Aiyisha**

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This article is devoted to a comparative and comparative analysis of textbooks of Russian as a foreign language, which are used to teach Chinese students in universities in Russia and China. The differences and similarities of textbooks that are used in universities of the two countries for teaching Russian as a foreign language are revealed. A survey was conducted on the priority of using the textbook by Chinese students when studying Russian in China or in those countries where Russian is the official or state language.

**Keywords:** *teaching methods of Russian as a foreign language, comparison, textbook on Russian as a foreign language, China, Russia, Chinese students*

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